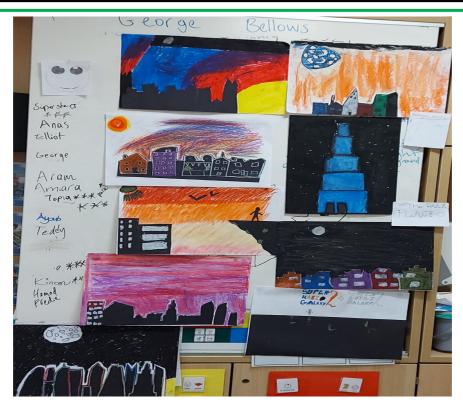


MESSAGE FROM MISS KONDO

It is quite shocking how quickly time is passing – we are already at the end of January! The Prime Minister has announced that schools will NOT return on site after half term and the earliest is 8th March. Therefore, it is more important than ever that your child is learning remotely and above all you are taking care of yours and their wellbeing. I hope that everyone had a great day on Wednesday – the teachers were overjoyed to see the children on the video call. Please make sure you can log on to Schoolcloud as we will use this for parents' evening this term. We have been blessed by so much kindness during this time – from local residents offering to collect device donations, the Felix Project and Educare food parcels as well as the sports coaches who came in on Wednesday.

As a school community we have achieved a lot in just four weeks, I hope that you are as proud of your child and yourself as I am of West Acton. Have a safe weekend and please do follow the Government guidance – households should not be mixing inside. Miss Kondo



Look at our Year 5 Artists – this is the work they did in school on Wednesday after their sports sessions.



TOP TIP of the week from School Counsellor – Louise

Help your child feel heard.

Children are more likely to follow our rules when they feel we are listening to them. It can be hard right now especially if people are at home together, or it all feels too hectic however, taking a moment to listen to your child will really model how they respond and react to you. Sometimes it's good to think what it's like when us as adults are not heard or listened too, how does that make you feel? This might be how your child feels.

How can parents help? Acknowledge what your child is asking for, even if your answer is 'no'. For example: "I hear you. You are saying it loud and clear - NO BATH! You really do not want to have a bath! Tonight, you do need to have one, though... Which do you choose- a bath or a shower?" Offering a choice to your child can be really powerful because they feel they have some control, even if it's small.

Sometimes we could all do with someone to talk to. If you would like to meet Louise for a confidential and non-judgemental chat about you, your child, or any other worries, she is available on Wednesdays 9-10am. You can call/text Louise on 07582310756 or email her at <u>lalltimes.307@lgflmail.org</u>

HERE to HEAR and HELP!

Please do get in contact if you feel that your child or you need support during this time we are apart. Our school wellbeing team is continues to be very active and available for YOU.

IMPORTANT COVID – 19

If your child or anyone in your household has a positive COVID -19 test result during half term please email the school <u>admin@west-</u> <u>acton.ealing.sch.uk</u>

It is very important that you keep your child at home if ANYONE in the house has symptoms or a positive test result, especially siblings.

It is also important to know the symptoms of COVID-19 (new or continuous cough, high temperature, loss of sense of smell or taste)

Please test anyone who has symptoms

Please note the first day of symptoms.

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Keep your child safe online – lots of new information has been posted here: https://www.westactonprimaryschool.org/safeguar dingandwellbeing/e-safety For Advice on how to read with your child see Mrs Langston's video guide here: https://www.westactonpri maryschool.org/curriculum /subjects/reading

Welcome back to house points! Keep up the fantastic behaviour! This week's house points Week ending 22.1.21

_		
	Chiswick	1324
	Osterley	1423
	Pitzhanger	1506
	Syon	1427

Miss Murphy's Top Eco Tips





1. Conserve Energy	2. Save Water	 Use Eco Friendly Products 	4. Grow your own	5. Start a composte pile
HELP CONSERVE ENERGY TURN OFF LIGHTS WHEN LEAVING	SAVE WATER	ZERO WASTE	GROW YOUR OWN	
6. Meat Free days	7. Reduce, Recycle and Reuse	8. Pick up Litter	9. Cyle or Walk if possible	10. Buy less plastic, use a reusable
A Contraction of the second se	Rator → → → → → → → → → → → → →			shopping bag



Thank you to the Samurai Football club and London Bronchos who came to school on Wednesday and coached the children – we were lucky with the weather and had so much fun! They have promised to come back when everyone is at school!