

West Acton Primary School Newsletter



Friday 11th June 2021



School Jotter

Our app—available on the app store

Welcome back to our final term of the year – we have started with a lot of sunshine this week. We also had a busy half term and a visit from the Mayor of London, Sadiq Khan. This was to see our solar panels fitted onto our roof – we have the potential to generate 25% of our power from the sun! There is also potential in the future that energy from our panels could be redirected to other places in our community.

Of course the Mayor was very impressed with our pupils and even suggested they work in City Hall in the future!

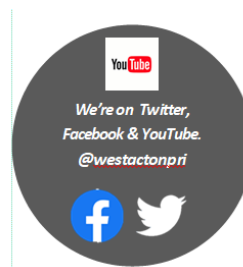
Have a safe weekend, Miss Kondo



We had a visit from the Mayor of London, Sadiq Khan who met our Eco-committee when our Solar Panels were fitted. Have a look here:

<https://twitter.com/mayoroflondon/status/1400492946923851781?s=21>

<https://ealingnewsextra.co.uk/latest-news/mayor-of-london-visits-west-acton-primary-school/>



We're on Twitter,
Facebook & YouTube.
@westactonpri



Mobile Phone use by Parents/Carers on site

Please refrain from using your mobile phone whilst dropping off and collecting your child.

ROAD SAFETY

We expect all of our community to feel safe around our school in the morning and at afternoon collection time. Sadly, some of our parents have been driving disrespectfully or illegally. This was reported in the Autumn, by local residents and other parents since January.

This is unacceptable – please do not put people at risk.

Breakfast Club – spaces still available

Book here:

<https://www.westactonprimaryschool.org/parents/breakfastclub>

Please do consider using and booking breakfast club so that we can continue to be able to offer this service at the competitive rate into the future.

WEST ACTON - STOP EYES on ME!

**Listen to our new school chant of
Our values and rules.**

<https://www.westactonprimaryschool.org/keyinformation/behaviour-1>

IMPORTANT COVID – 19

If your child or anyone in your household has a positive COVID -19 test result during half term please email the school

admin@west-acton.ealing.sch.uk

It is very important that you keep your child at home if ANYONE in the house has symptoms or a positive test result, especially siblings.

It is also important to know the symptoms of COVID-19 (new or continuous cough, high temperature, loss of sense of smell or taste)

Please test anyone who has symptoms

Please note the first day of symptoms.

EYE TESTS

Please do consider getting your child's eyes tested. We cannot get opticians onsite but I have called Specsavers, Vision Express and Eyes on the Common –they have appointments available.

HERE to HEAR and HELP!

Please do get in contact if you feel that your child or you need support during this time we are apart. Our school wellbeing team is continues to be very active and available for YOU.

This week's house points
Week ending 28.5.21

Chiswick	1016
Osterley	1181
Pitzhanger	1113
Syon	1061

IMPORTANT DATES

End of term Wednesday

21st July at 1.30pm

Start back Friday 3rd

September

See here for full details:

<https://www.westactonprimaryschool.org/newsanddates/termdates>

BOTTLE TOP MASTERPIECE!

We are starting an exciting Design Project – please save us your bottle tops, wash them and send them in.



These can be found on drink and milk bottles.

Hello! from your new school caterers



ISS Education is delighted to have the opportunity to provide catering services at your school from September. Our mission is to feed hungry minds! We create our menus based on the principles of the Soil Association's Food for Life Silver Served Here standards, which have been developed to reflect best practice in healthy and sustainable school food.

Our food is...

- Over 85% freshly prepared
- Includes meat from farms which satisfy UK welfare standards
- Is made with free range eggs – where eggs are used
- Includes a wide range of seasonal and local/British produce
- Contains no undesirable food additives or hydrogenated fats
- Does not include any GM ingredients

You will receive a full version of your new menu soon!

Each day your child can enjoy the following:



More than lunch...

- As well as great food, we also support schools with:
- Cookery Sessions
 - Gardening Workshops
 - Nutrition Talks
 - International Food Events
 - Parent Tasting Sessions
 - Food Education Event Days
 - Annual Green Fingers Event
 - Assemblies
 - Farm Visits
 - Themed Menus
 - School Event Support
 - Educational Activities

If your child requires a personal menu due to a **special dietary requirement(s)**, please complete our **Special Diet Referral Form** and return it to your school office.

If you would like more information on any of the above, or if you have any questions regarding other school food matters, please do get in touch:

✉ Send us an email: hello@feedinghungryminds.co.uk

🌐 To find out more about us, visit www.feedinghungryminds.co.uk

Thanks for your time - we look forward to seeing you and your child soon!

In this warm weather children can bring in a sun hat and sunglasses.



However, they must take good care of them and be responsible for them.

Thank you.

Gender Stereotypes: Why It Matters?

Gender stereotypes can limit children's choices, behaviour, aspirations and even achievement. They can have a negative impact for individuals and society. These stereotypes steer girls and boys in different directions – influencing subject choices, job options and even health outcomes.

Study and Work

In childhood, construction and science toys are often sold for boys. At A level, only 10% of computing and 22% of physics students are girls. At work, less than 10% of engineers are female.

- ★ In childhood, children learn that dolls are 'girls toys' and that women do more caring work. At work, fathers are twice as likely to be turned down in a request for flexible working. Only 11% of nurses are male.

Health and Mental Health

- ★ In childhood, boys learn not to show their feelings except through anger. Boys are 6 times more likely than girls to seek Childline counseling about suicidal thoughts and feelings. Men account for 75% of all suicides.
- ★ 1 in 4 women in the UK will be a victim of domestic abuse in her lifetime.

For more information on why gender stereotypes matter, you can look at the Lifting Limits website page:

<https://www.liftinglimits.org.uk/why-it-matters/>



Masterclass network

This week, Sam Durbin from The Royal Institution held an online Maths Masterclass for some of our Year 6 children. She trained them to be code breakers! This is just the first in a sequence of different sessions being held over the next week.



Years 4 and 5 welcomed Kick Start Money – MyBNK trainers in yesterday for sessions about budgeting. They showed us how important money is and that helped us understand how to save for different things. We can't wait for their next sessions at the end of the month.



Friday 28th May 2021

Thank you!

**Thank you for your contributions
– we raised £322.16!**

What is the money for?

Book Trust use the money to help children who don't have someone to read a story to them



TOP TIP FROM SCHOOL COUNSELLOR Louise

Bad Dreams and Nightmares

We all have nightmares, and we know how distressing they can feel. When a child has a bad dream, he is expressing a fear of something he is trying to cope with in life. Your best response is reassurance and letting him know he is safe. However, reoccurring nightmares are an indication that he may be stuck trying to resolve something difficult.

How can parents help?

Listen to your child's dream and reassure her with empathy. You can also encourage her to act out or draw her dream with the outcome she would have liked: she gets to re-write the script. This will re-empower her and help her feel triumphant. To avoid bad dreams, limit TV and screen time and make sure your child feels it is OK to express their feelings: the angry monster may indicate that your child is afraid of their own anger. Help him understand that everyone gets angry sometimes and help him manage his feelings so that everyone stays safe. Try to create calming evening routines filled with cuddles, laughter and time spent together.

Sometimes we could all do with someone to talk to. If you would like to meet Louise for a confidential and non-judgemental chat about you, your child, or any other worries, she is available on Wednesdays 9-10am. You can call/text Louise on 07582310756 or email her at lalltimes.307@lgflmail.org