

West Acton Primary School Newsletter



Friday 18th June 2021

 **School Jotter**

Our app—available on the app store

It is fantastic having the children out on the field at lunch time playing a variety of games and activities, it is great to see them playing with friends and enjoying the open space.

Sadly, it seems that our usual end of year events will take a different shape this year although I know you all agree that the children being in school is the most important thing at this time. That is why it is vital that you continue to wear your mask at drop off and pick up and respect the need to keep your child home or take a test if requested.

Children will bring home reports, including details of assessment and who their teacher will be next year on Monday 12th July.

Have a safe weekend, Miss Kondo

Refugee Week and the Great Walk

Refugee Week is a UK-wide festival celebrating the contributions, creativity and resilience of refugees and people seeking sanctuary. Founded in 1998 and held every year around World Refugee Day on the 20 June - Refugee Week is also a growing global movement. Please see here for further details:
<https://refugeeweek.org.uk/about/>

We are honoured have refugee families at West Acton and if any of you would be willing to share your stories please do get in touch, we would like to hear them very much. Equally, if you feel your child could become upset hearing about Refugees please do let us know – we will never force anyone to share their story. Contact us on admin@west-acton.ealing.sch.uk.

The theme for this year is '**We Cannot Walk Alone**' so in keeping with this lovely theme, children will take part in a special walk around the field/school playground. Each year group will take part in this, which will incorporate activity stations centered around various refugee themes. All around the UK people will be organising and taking part in, 'The Great Walk' for refugee week.

Our 'Great Walk' will take place on Monday the 21st of June. Additionally, on this day, staff and children will be able to dress in international/traditional clothes of their family origin or of their choosing. If possible please send in a small donation of 50p or £1.00 for UNICEF and/or dry food for Ealing foodbank. This event will also support our British and school values, Equality Act 2021 as well as moral, social and culture learning.



TOP TIP FROM SCHOOL COUNSELLOR Louise

Questions to ask after school- instead of 'What did you do today?'

Do you ever wish you could be a fly on the wall at your child's school? As a parent, sending your child to school can bring up all sorts of feelings. More than anything, you may be feeling **curious**: what did they do? How did they behave? How do they act when you are not there? And many of you may also have realised that asking your child 'How was your day?' doesn't always encourage them to share their experiences.

How can parents help?

Give them some time before asking them lots of questions at pick-up: they may be tired and will need to reconnect with you first. Try to chat casually and to ask open-ended questions. If they aren't ready to answer, just pause and come back to it later: perhaps as you are playing, eating together or during bath time. Here are a few examples of questions you can ask instead:

1. What was the funniest/silliest thing that happened today?
2. What games did you play in the playground?
3. Did anyone do anything super nice for you? What was the kindest thing you did for someone else?
4. How would you rate your day on a scale of 1-10?
5. What is something you would have liked to do differently today?
6. What made you smile today?
7. Which rule was the hardest to follow?
8. Did you make a new friend today? What's their name? What do you like about them?
9. Is there anything you would like help with?
10. If you were a teacher/head of the school, what would your class/school be like

Sometimes we could all do with someone to talk to. If you would like to meet Louise for a confidential and non-judgemental chat about you, your child, or any other worries, she is available on Wednesdays 9-10am. You can call/text Louise on 07582310756 or email her at lalltimes.307@lgflmail.org

Gender Stereotypes: General FAQs

Before we start diving deeper into the specific areas that gender stereotyping exists, we would like to address a few Frequently Asked Questions about the subject:

1. But aren't boys and girls just different?

Despite popular perceptions, there is no credible scientific evidence of natural differences in interests or skills between genders. Children learn from the stereotypes surrounding them and what is considered 'normal' for their gender - their choices often adapt accordingly.

2. What's wrong with girls and boys liking different things?

Nothing, so long as it is down to an individual child's preference rather than pressure to conform. Girls and boys are more alike than different.

3. Should I stop telling my daughter how pretty she is?

No – but if her appearance is what your daughter is most often praised for, then she may start to think society values her looks above her other qualities.

4. Does gender stereotyping really effect boys and men? Or is this just about equality?

Societal norms about masculinity and expectations of men as leaders and providers create demands on men and shape their behaviour. Men are also less likely to seek help for mental health problems as they should be 'strong', which can lead to unhealthy coping strategies such as alcohol consumption or violence.

To see some gender stereotyping in action, take a look at this BBC stories segment - 'Girl Toys vs. Boy Toys: The Experiment. These seemingly innocent behaviours begin very early in life!

<https://youtu.be/nWu44AqF0il>

ONLINE SAFETY

The dangers our children face online are not going away. Please do look at our Online Safety section of our website – we have put a variety of sources there for you:

<https://www.westactonprimaryschool.org/safeguardingandwellbeing/e-safety>

westactonprimaryschool.org/safeguardingandwellbeing/e-safety

West Acton
Primary School



ANTIBULLYING
ONLINE SAFETY
SAFEGUARDING
WELLBEING
HEALTHY EATING
SCHOOL COUNSELLOR
FGM
PREVENT DUTY

ONLINE SAFETY

We have made a series of six power point slides with activities for you to watch and complete with your child.



Age Restrictions for Social Media Platforms

What is the minimum age for account holders on these social media sites and apps?

Under 13	13+	16+	18+ or 13 with parent's permission
Roblox PopJam FaceTime	Twitter Facebook and Messenger Viber WeChat Monkey Yubo Dubsmash Instagram	TikTok Skype Google Hangouts Reddit Snapchat Pinterest	WhatsApp Telegram Messenger Tumblr
		Line Sarahah Tellonym	YouTube WeChat Kik Flickr Play Store Spotify (13 with parental permission)

Sourced from NSPCC website October 2019

No primary age child should be accessing these platforms

Have Fun!

LOL

WILD CATS

The perfect way for girls aged 5-11 to get involved with football

QPR TRUST WILDCATS
Football sessions for Girls aged 5-11
MONDAY - 5pm-6pm - PlayFootball, W12 7TW - £2 per session
TUESDAY - 4.30pm-5.30pm - Barchwell Leisure Centre, UB3 2HW - FREE
WEDNESDAY - 5pm-6pm - Paddington Rec, W9 1PD - £2 per session
 For more information e-mail rhia.benjamin@qpr.co.uk
 or to book online visit www.qprseccerschools.co.uk

FREE ONLINE PARENTING WORKSHOP

DOMESTIC ABUSE AND THE IMPACT ON CHILDREN & YOUNG PEOPLE

Delivered by Patricia Chapman
Family Safety Worker - Domestic Abuse SAFE Plus Team

Increased knowledge on how to recognise domestic abuse

Develop an understanding of how to recognise the impact/effects of domestic abuse on children & young people

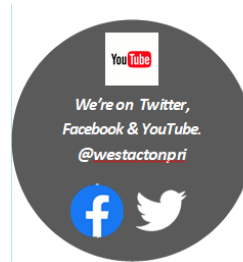
Learn how domestic abuse can impact on parenting

Gain knowledge and awareness of local support services

Space to have your questions answered at the end of the workshop

FRIDAY, 9TH JULY 2021
10AM-12PM
VIA MS TEAMS

To register for this parenting workshop, please email parentingserviceadmin@ealing.gov.uk



We're on Twitter,
Facebook & YouTube.
@westactonpri



ROAD SAFETY

We expect all of our community to feel safe around our school in the morning and at afternoon collection time. Sadly, some of our parents have been driving disrespectfully or illegally. This was reported in the Autumn, by local residents and other parents since January.

This is unacceptable – please do not put people at risk.

IMPORTANT COVID – 19

If your child or anyone in your household has a positive COVID -19 test result during half term please email the school

admin@west-acton.ealing.sch.uk

It is very important that you keep your child at home if ANYONE in the house has symptoms or a positive test result, especially siblings.

It is also important to know the symptoms of COVID-19 (new or continuous cough, high temperature, loss of sense of smell or taste)

Please test anyone who has symptoms

Please note the first day of symptoms.

Mobile Phone use by Parents/Carers on site

Please refrain from using your mobile phone whilst dropping off and collecting your child.

Breakfast Club – spaces still available

Book here:

<https://www.westactonprimaryschool.org/parents/breakfastclub>

Please do consider using and booking breakfast club so that we can continue to be able to offer this service at the competitive rate into the future.

EYE TESTS

Please do consider getting your child's eyes tested. We cannot get opticians onsite but I have called Specsavers, Vision Express and Eyes on the Common –they have appointments available.

WEST ACTON - STOP EYES on ME!

Listen to our new school chant of Our values and rules.

<https://www.westactonprimaryschool.org/keyinformation/behaviour-1>

This week's house points
Week ending 11.6.21

Chiswick	990
Osterley	1087
Pitzhanger	1107
Syon	957

HERE to HEAR and HELP!

Please do get in contact if you feel that your child or you need support during this time we are apart. Our school wellbeing team is continues to be very active and available for YOU.

IMPORTANT DATES

End of term Wednesday

21st July at 1.30pm

Start back Friday 3rd

September

See here for full details:

<https://www.westactonprimaryschool.org/newsanddates/termdates>

BOTTLE TOP MASTERPIECE!

We are starting an exciting Design Project – please save us your bottle tops, wash them and send them in.



These can be found on drink and milk bottles.

Hello! from your new school caterers



ISS Education is delighted to have the opportunity to provide catering services at your school from September. Our mission is to feed hungry minds! We create our menus based on the principles of the Soil Association's Food for Life Silver Served Here standards, which have been developed to reflect best practice in healthy and sustainable school food.

Our food is...

- Over 85% freshly prepared
- Includes meat from farms which satisfy UK welfare standards
- Is made with free range eggs – where eggs are used
- Includes a wide range of seasonal and local/British produce
- Contains no undesirable food additives or hydrogenated fats
- Does not include any GM ingredients

You will receive a full version of your new menu soon!

If your child requires a personal menu due to a **special dietary requirement(s)**, please complete our **Special Diet Referral Form** and return it to your school office.

If you would like more information on any of the above, or if you have any questions regarding other school food matters, please do get in touch:

✉ Send us an email: hello@feedinghungryminds.co.uk

🌐 To find out more about us, visit www.feedinghungryminds.co.uk

Thanks for your time - we look forward to seeing you and your child soon!

Each day your child can enjoy the following:



A choice of main meals

A choice of seasonal vegetables

A dessert, piece of fresh fruit or yoghurt

Access to our salad bar, fresh crusty bread & drinking water

More than lunch...

As well as great food, we also support schools with:

- Cookery Sessions
- Annual Green Fingers Event
- Gardening Workshops
- Assemblies
- Nutrition Talks
- Farm Visits
- International Food Events
- Themed Menus
- Parent Tasting Sessions
- School Event Support
- Food Education Event Days
- Educational Activities

A message from Ealing Council:

Dear Parent/Guardian,

The current online meals payment portal will no longer be available to make payments for meals beyond the 31st of July 2021. If you are paying for your child's meal online please do not make any payments beyond the 23rd of July 2021. The current online payment portal is being replaced with our brand new online payment portal, details of which will be sent to you at a later date by the school.

If there is money outstanding on the current payment portal beyond the 23rd of July 2021 or when your child's school closes for the summer holidays, our payments team will be in touch to refund your money.