Internet Safety

Safely Navigating Uncharted Waters
advice for parents

I wish to make it clear that I am not here to tell you how to parent your child, I do however wish to direct you to some of the pitfalls that your child may fall into and how you can help your children to Safely Navigate the internet and be safe when online.

There are many websites out there that are better placed to give advice and I personally recommend **InternetMatters.org** as it has clear directions and advice.

They explain the features of sites and apps including how you can put on **parental control settings**.

The site also advises how you and your child can report and flag content that upsets them or which may break guidelines, rules & laws.

InternetMatters have clear step by step guides for setting **parental controls** for broadband, mobile, smartphones, social media, search engines and more, e.g. Snapchat, Google, EE, Sky.

Their guides can be download or viewed as a PDF file or you can get the information emailed to you … all at no cost.

The following is a much shortened version of the presentation that I gave to your children recently.

On my presentation to your children I asked if they knew the following?

•**Pewdiepie** (over 126.8 million)

•**Addison Rae** (over 86.9 million)

•**Zach King** (over 79.4 million)

•**Loren Gray** (over 75 million) ...

Followers correct Aug 2020

85% of under 13s use Social Media and there are age limits imposed by the providers
These are rules and not laws

13 Twitter

16 WhatsApp chat

13 Tumblr - blog

13 Instagram
Instagram is a picture and video sharing app. Users can post content and use hashtags to share with others.

13 Facebook
Facebook is a social network, which lets you create a page about yourself.

13 Snapchat
Snapchat is an app that lets you send a photo or short video to your friends.

13 YouTube
YouTube is a place to watch, create and share videos. Videos include things like music, animation, online blogs and TV clips.

7+ Minecraft
Minecraft is a game that lets you build and create a virtual world using building blocks.

Staying safe online

- **Friend or Foe?**

- Seeing is not believing

- **Never schedule offline meeting with "online only" friends**

- **Tell your parents if anyone tries to meet with you offline**

NOW IN PRISON

15-year-old girl on Facebook

This UK based male created 8 different fake Facebook profiles to groom "up to 1,000 kids"; he tricked children into revealing themselves in some way, and then used the digital content to blackmail them into other things,

Cyberbullying

- **Recommended Response**

- ## **Don't react** - as responding to the bully can sometimes can make it worse

- Don't participate

- Encourage others to stand up

- **Report the bullying to parents, teachers, and site admin ……** *DO NOT JUST IGNORE IT!*

There are many laws all of which are there to protect...

Malicious Communications Act 1988

•Legislation which makes provisions in relation to the sending or delivering of letters, electronic communications or other articles for the purpose of causing distress or anxiety.

Computer misuse Act 1990

Covers 'Hacking' of Computers, Unauthorised use etc.

Protection from Harassment Act 1997 - Section 2 Offence - Harassment

The elements of section 2 offence are a course of conduct which amounts to harassment of another; and which the defendant knows, or ought to know amounts to harassment of another.

Communications Act 2003

•Sending nuisance messages, improper use of public electronic communications network.

Section 4 Offence – Fear of Violence

a course of conduct which causes another to fear that violence will be used against him ….. and the defendant ought to know that his course of conduct will cause another to fear that violence will be used against them if a reasonable person in possession of the same information would think that the course of conduct would cause the other so to fear on that occasion.

Health care and technology

Teenagers who routinely snuggle up in bed at night with their computer or mobile phone are more than twice as likely to be sleep deprived than other adolescents.

This can result in –

-   Sleep deprivation
-   Poor concentration in school
-   Behaviour issues
-   Poor performance
-   Depression and other mental health issues

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Advice given to your children…

- **Communicate**

- Don't bottle it up

- Ok to ask questions

- Stay away from "adults

  only" sections of the Internet

- Tell your parents / guardians about anything that makes you feel uncomfortable

Staying safe online

- **Webcam Safety**

- Never do random chat

- Only chat with family and friends

- Think before uploading video responses

- <u>Never do anything on a webcam you would not want up on this screen</u>

Staying safe online

- **Privacy? On the Web?**

- All media is permanent

- All information is available

- If you don't want people to know about it, don't do it, and especially don't do it online

Staying safe online

You would not give your details to a stranger on the street, so why give it to a stranger online?
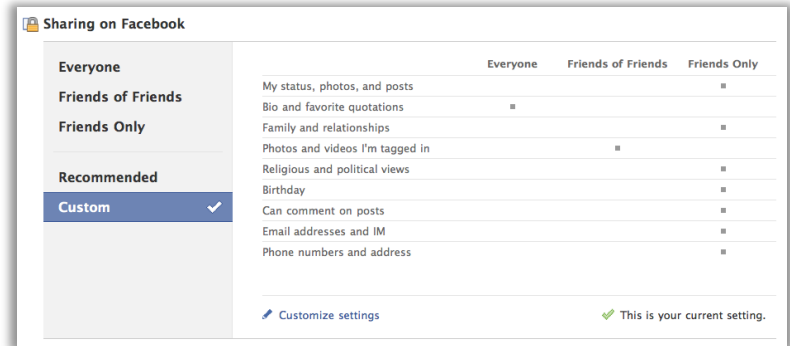
- **Guard Your Information**

- Address

- Phone number

- School

- Area you live in

- Sports teams you play in

- Parent's workplace

- Passwords

Social networking

- **Protect Your Info**

- Don't post phone #

- Don't post addresses

- Avoid status updates with time and place references

- Set all privacy settings to "Family Only"

Solutions and strategies

- **Teamwork**

- Help your parents

- Help each other

- Communicate

- Cooperate

- **Know when to unplug**

For further advice and info please see...

Internet Matters

InternetMatters.org

National Cyber Security Centre

ncsc.gov.uk

NSPCC

nspcc.org.uk

ChildNet

childnet.com

Think U Know

thinkuknow.co.uk

Any Questions ?