

WEST ACTON PRIMARY SCHOOL

NEWSLETTER

Friday 14th October 2022



NO SCHOOL for pupils on FRIDAY 21st OCTOBER

Half term holiday 24th -28th October

Pupils return to school on Monday 31st October

We are coming to end of our first half term already and it has been fantastic to see how children, staff and parents have relished the challenges and experiences of the school year so far. Next week we have parents' evening which you must attend. As I write 84% of people are booked so if you haven't already please do log on to <https://westactonprimary.schoolcloud.co.uk/>

and book. The meeting is IN PERSON at school.

Full details of our curriculum can be seen here:

<https://www.westactonprimaryschool.org/curriculum/subjects> and it will soon be updated for Autumn 2. During half term you can talk to your child about upcoming topics and books.

Have a safe weekend, Miss Kondo

House points for this week are –

Chiswick	1027
Osterley	1008
Pitzhanger	1006
Syon	970



On Thursday 6th October, Year 5 and 6 attended a cross country competition as part of a league - London Youth Games Selection, in Greenford, amongst many other Ealing schools. They all did a fantastic job at representing the West Acton Primary School, cheering each other on and waiting at the finish line for everyone, in each of the categories, Well done to the cross-country team at West Acton, who will find out where they ranked in the league next week!

PARENTS' EVENING – in person at school

Book online at: <https://westactonprimary.schoolcloud.co.uk/>

- Nursery, Reception and Years 1 to 6 – Tuesday 18th October and Thursday 20th October after school
- Nursery extra sessions - Thursday 20th October morning
- Woodlands ARP Elm and Birch - Tuesday 18th October and Thursday 20th October after school

We are delighted to be holding parents' evening next week IN PERSON; the meetings will last 10 minutes (Woodlands ARP 20 minutes). Some classes will meet the teacher in their classroom and some in our halls.

Nursery, Reception, Damson Class, Year 3 and Year 1	In the classroom
Juniper, Chestnut, Elm and Birch	In the Victoria Hall
Year 4 , 5 and 6	In the Jubilee Hall

Harvest Festival Food Bank Collection

Monday 17th October

Please bring a small donation for the food bank. Thank you.



October

- Rice – *we have enough pasta at the moment, thank you*
- Tinned Fish & Meat
- UHT Milk – *whole milk or semi skimmed, not skimmed please*
- Dried Milk & Non-Dairy Milk
- Long Life Fruit Juice & Squash
- Coffee & Instant Drinking Chocolate
- Jam & Honey
- Tinned Fruit & Vegetables
- Tinned Soup
- Ketchup & Mayonnaise
- Baked Beans
- Savoury Biscuits

Thank you!

Keep up to date with @EalingFoodbank on



Mistakes are how we learn.

We all have difficult times when we know we haven't said the right thing or done the right thing. Sometimes our emotional bucket is full and we forget or become unable to see things from our child's perspective.

We might get cross, shout, react to their behaviours and later feel guilty and filled with remorse.

Financial and environmental stresses are also adding to feelings of unease and extra things to think about.

These added pressures can make it difficult to practise patience and calm when faced with challenging behaviours from our children.

It is helpful to remind ourselves that most things can be repaired.

How can parents help?

Parenting is a learning journey and we are only human- which means that your child doesn't need you to be perfect. In fact what they need from you is the space to be imperfect too, and to be loved and accepted for who they are.

Luckily, we can model how to repair those moments 'I'm so sorry I yelled at you...you don't deserve to be yelled at. Let's rewind and try again. What I meant to say was....'

As long as our ruptures are followed by reconnection and that there are more positive moments shared with our children, the ruptures can become a learning opportunity for your children.



WEST ACTON PRIMARY
SCHOOL PTA

FABULOUS FIREWORKS

THURSDAY 3rd NOVEMBER 2022
ON THE SCHOOL FIELD

GATES OPEN AT 5PM
FIREWORKS DISPLAY WILL START AT 6:30PM
BURGER VAN, HOT DRINKS, SNACKS,
TOYS FOR SALE, FREE CRAFT ACTIVITY AND MORE!

School Community Advance Ticket Price:

£3 Individual (Adult/Child)
£10 Family (Up to 4 People)
or at the Gate Ticket Price:
£5 Individual (Adult/Child)
£15 Family (Up to 4 People)
Children 3 and under go FREE

**BRING YOUR WELLIES AND TORCH
NO SPARKLERS/OWN FIREWORKS
ALLOWED!**

