

Dear Parents/ Carers,

**Anti-bullying week- 14<sup>th</sup> November- 18<sup>th</sup> November 2022**

Anti-bullying week happens in Schools all across the country in November and this year the theme is “Reach out” Bullying affects millions of lives and can leave us feeling hopeless. But it doesn’t have to be this way. If we challenge it, we can change it. And it starts by reaching out. Whether it’s in school, at home, in the community or online, let’s reach out and show each other the support we need. Reach out to someone you trust if you need to talk. Reach out to someone you know is being bullied. Reach out and consider a new approach. And it doesn’t stop with young people. From teachers to parents and influencers to politicians, we all have a responsibility to help each other reach out. Together, let’s be the change we want to see. Reflect on our own behaviour, set positive examples and create kinder communities. It takes courage, but it can change lives. **So, this Anti-Bullying Week, let’s come together and reach out to stop bullying.**

Next week the **children** will be participating in several activities to promote anti-bullying: We also have events for **parents/carers too!**

**Monday 14<sup>th</sup> November** – Odd Socks day (children wear odd socks to school to show that everyone is different and unique)



**Tuesday 15<sup>th</sup> November**- Parents Online safety workshop

**Wednesday 16<sup>th</sup> November** – Year group assemblies- Andrew Moffat- ‘No Outsiders’ – how we help everyone be included

**Thursday 17<sup>th</sup> November**- Mrs Ahmed’s parent coffee morning

**Friday 18<sup>th</sup> November**- Children in need charity day- Children can dress in their Pyjamas for the day. Please donate 50p -£1 towards this fantastic charity.



Throughout the week in PSHE lessons, children will discuss what we can do to ensure there continues to be no place for bullying at West Acton Primary school. Please look out for your children’s work this week which will be displayed on the classroom doors and windows which face out to the playground. During this week please take the time to read our Anti-bullying policy on the school’s website and help us promote kind and friendly behaviour.

Yours faithfully,

Miss Ferreira  
PSHE Lead