

# WEST ACTON PRIMARY SCHOOL

## NEWSLETTER

Friday 3<sup>rd</sup> February 2023



Thank you for supporting the NSPCC Number day today! The children were very excited and their costumes were fantastic. In addition, we collected some money for an important charity – the children all enjoyed this week's assembly learning more about what the NSPCC does. We also imagined what the world would be like without numbers! Today, we had very special visitors come to classes, speak about their jobs and how they use mathematics in their ever day work.

Next week we have many different activities happening for Children's Mental Health Week, Safer Internet day and lots of year groups have various events happening for , pop up shops, art, PSHE and even trips.

Thank you to everyone who has booked their appointment for parents' evening- so far 484 have booked! If you haven't already booked please do so this week end - we will be allocating appointments to those who haven't booked next week. It is vital that you have this time to speak to your child's teacher.

Next week the PTA will be having their AGM on Friday 10<sup>th</sup> February. I am very grateful for the work of the PTA, current and in the past, who have given their time to hold special community events here at West Acton – thank you. I am sure that you and your child have all enjoyed a trip, gift or event thanks to the PTA. Currently, there is only one volunteer to stand on the committee which means that the PTA may have to dissolve. If we do not have a PTA this will be very sad for West Acton, our community and our children. I ask you to have a think over the weekend if you would consider giving up a bit of time to join and help out.

Have a wonderful weekend, Miss Kondo

**RECYCLE**



**CUT YOUR  
CARBON**

**(RE)LOVE**

**(RE)LOVE**



# POP-UP SHOP

It's time to *save our planet* and  
**(RE)LOVE** our stuff!

**COME SHOP AT OUR SECOND-  
HAND-CLOTHING EVENT**

**LOCATION:** *West Acton Primary School*

**DATE/TIME:** *Wednesday 8th February 3.15pm*  
*Thursday 9th February 3.15pm*

**JOIN US!**

**CYC**



Eco-Schools

## Tapestry

All parents in Nursery and Reception have access to 'Tapestry' where they can log in to see the learning that their child is doing in school.

Parents, please remember to check Tapestry regularly to see photographs and comments on your child's learning, their development and progress in the early education, and for exciting events that they have been taking part in at school.

We aim to add one new observation to your child's account each week so please do ensure that you are logging in regularly to see this.

If you are having difficulty accessing your account or need support with logging in then please see your child's teacher.



# Coming Soon Virtual Book Fair



Visit [www.booksforbugs.co.uk](http://www.booksforbugs.co.uk)



Collect from your teacher



Take home & enjoy!

It's not long until your schools' Books for Bugs Virtual Book Fair.  
Thousands of books at £2.99 each, brand new!

Start browsing today at [www.booksforbugs.co.uk](http://www.booksforbugs.co.uk) - More details with how to order  
with free delivery will be announced near the start of your fair

## **IMPORTANT MESSAGE FROM THE PTA**

Dear friends,

We hope you are all well during this very cold snap!

As mentioned in our email last week, the Friends of West Acton Primary School PTA Annual General Meeting (AGM) will be held on **Friday 10th February 2023 at 10am**. The meeting will be on MS Teams, and the link and agenda will be sent nearer the time.

We would like to inform you that the current committee- comprising of the Chairperson, Secretary and Treasurer- will be standing down due to changes in our family and work life. The legal requirement is for at least two people to be on the committee, but we recommend that all the current positions be filled. There is no maximum limit to the number of committee members, so of course, there can be more than three.

If you would like to put yourself forward as a candidate for one of the positions or have any questions, please email us at [fowap2014@gmail.com](mailto:fowap2014@gmail.com). The deadline for informing us that you would like to nominate yourself as a candidate is Friday 27th January 2023.

The new committee will be elected at the AGM. This link provides more information about the main roles:

<https://www.pta.co.uk/running-a-pta/managing-a-pta/pta-committee-roles-and-responsibilities/>

If there are no candidates or not enough, the PTA **will not be able to continue**. This means that there will be no more fundraising events like the Fabulous Fireworks, seasonal fairs, bake sales and 2nd hand uniform sales.

This is a chance for a new committee to make their own mark on the PTA and continue to bring the school community together and raise money to make our children's time at school even more enjoyable! We have also really enjoyed our time getting to know other parents and learning new skills.

Funds in the past have supported the Year 1 seaside trip, Year 6 Leavers' souvenirs and events, educational magazines for the library, waste paper recycling bins and mini-globes for each class, skipping rope workshops and picture frames to display the children's work around the school- to name but a few!

It has been an honour to be a part of the PTA, and we would like to take this opportunity to thank Miss Kondo and all school staff, previous PTA members and all the volunteers for their invaluable support.

Very best wishes,

Diana, Pete & Rasha

PS Remember you can still help the PTA raise money for school while shopping online:

Sign up to [easyfundraising.org](https://www.easyfundraising.org) and you can raise money for the school from all your favourite websites at no cost to yourself.

<https://www.easyfundraising.org.uk/causes/fowestacton/>

Shop AmazonSmile at <https://smile.amazon.co.uk/ch/1167118-0>, and Amazon donates to Friends Of West Acton Primary School (Pta), at no cost to you.

# The Golden Spoon

At lunchtime our pupil lunchtime champions have been awarding points for the healthiest lunches. The winning classes this week w/c 30<sup>th</sup> January 2023 are:

Reception – Banyan  
Year 1 – Katsura  
Year 2 – Juniper  
Year 3 – IVY  
Year 4 – Mulberry  
Year 5 – Elder  
Year 6 – Lime



LTC's- remember to award a class in your year group one point on their whiteboard each day!

## Coffee morning for Family Support



Thursday 9<sup>th</sup>

February

9:00-10:00

Conference room



Brigitte from Contact Ealing will be presenting



Wednesdays  
10am-2pm

# FREE PROFESSIONAL ADVICE AND SUPPORT

**Our advisors can help you with a range of issues including:**

- Housing advice
- Welfare advice
- deafPLUS services
- Health and wellbeing
- Employment support
- Money management
- Universal Credit support
- Immigration and legal help
- Financial and advocacy advice
- Computer and internet training
- Benefits and legal advice
- Counselling and family support

**When:**  
Wednesdays, 10am-2pm

**Location:**  
Lido Centre, 63 Mattock Lane,  
West Ealing, London, W13 9LA

For more information please call **Paul Williams** on 0800 432 0077  
or email [community.investment@a2dominion.co.uk](mailto:community.investment@a2dominion.co.uk)





## SUPPORTING THE EALING COMMUNITY

### Partners



Collaboratively working with ESAS / Age UK, NHS, Shelter, Shaw Trust, Ealing Foodbank





# Warm Hub and advice

Thursdays at the Lido Centre, 63 Mattock Ln, London W13 9LA from  
10am - 2pm.

Come in for a cup of tea, coffee, biscuits, perhaps some soup, and  
have a chat. You'll be able talk to a social prescriber, who can provide  
advice and signposting to local resources.

To find out more, contact Caroline O'Leary or Joe McCarthy:  
[caroline.oleary1@nhs.net](mailto:caroline.oleary1@nhs.net) or [joseph.mccarthy3@nhs.net](mailto:joseph.mccarthy3@nhs.net)



[@A2DCommunities](https://twitter.com/A2DCommunities) 

[A2Dominion Communities](https://www.facebook.com/A2DominionCommunities) 

**Friendly February 2023**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
 1 Send a message to let someone know you're thinking of them	 2 Ask a friend how they have been feeling recently	 3 Do an act of kindness to make life easier for someone	 4 Invite a friend over for a 'tea break' (in person or virtual)	 5 Make time to have a friendly chat with a neighbour	 6 Get back in touch with an old friend you've not seen for a while	 7 Show an active interest by asking questions when talking to others
 8 Share what you're feeling with someone you really trust	 9 Thank someone and tell them how they made a difference for you	 10 Look for good in others, particularly when you feel frustrated with them	 11 Send an encouraging note to someone who needs a boost	 12 Focus on being kind rather than being right	 13 Smile at the people you see and brighten their day	 14 Tell a loved one or friend why they are special to you
 15 Support a local business with a positive online review or friendly message	 16 Check in on someone who may be struggling and offer to help	 17 Appreciate the good qualities of someone in your life	 18 Respond kindly to everyone you talk to today, including yourself	 19 Share something you find inspiring, helpful or amusing	 20 Make a plan to connect with others and do something fun	 21 Really listen to what people say, without judging them
 22 Give sincere compliments to people you talk to today	 23 Be gentle with someone who you feel inclined to criticise	 24 Tell a loved one about the strengths that you see in them	 25 Thank three people you feel grateful to and tell them why	 26 Make uninterrupted time for your loved ones	 27 Call a friend to catch up and really listen to them	 28 Give positive comments to as many people as possible today

**ACTION FOR HAPPINESS** **Happier · Kinder · Together**



This week's message from Mrs Ahmad, School Therapist

### Connecting with others...

It is at school where children begin to develop their friendship skills. As they start to understand that the way they speak and act with their peers, will affect the choices the other children make, when deciding who they want to play with in the playground the next day. Learning to make friends and get along with peers can cause some distress to most children.

### How can parents help?

The first relationship our child/children experience is the one with their families at home. Hold this in mind when families members are interacting with each other, the children are watching and listening always!

They are going to want to understand how friendship works - it is super important that we listen to our children's experiences when they come to us wanting to talk about falling out with a friend and other peer challenges.

It can be tempting to tell them what to do and to try and want to fix the problem. Instead, try to help *them* to problem-solve. You can do this by helping them to clarify and understand their own feelings. It is always best to stay away from taking sides with either child and more helpful to follow with empathy for all of your child's feelings. Once they feel more understood, they will be more able to think about how their peer might be feeling.

Coach your child to stand up for themselves using their words and help them to learn to express their needs, rather than show anger to their friend.

Have a go at some role play -practice with your child, what they would like to communicate to their peer. This will help build their confidence in talking to their friend about what has upset them.



# Digi-Skipping Rope Challenge

Winners w/e:03/02/23:

Well done!!



- Year 1 Ash – Yousef (137 skips)
- Year 1 Katsura – Noor (111 skips)
- Year 1 Guava – Nao (220 skips)
- Year 2 Juniper – Kaich (175 skips)
- Year 2 Damson – Yaegub (185 skips)
- Year 3 Rowan – Rumaysah (154 skips)
- Year 4 Pine – Eliza (257 skips)
- Year 4 Mulberry – Hammasa (134 skips)
- Year 5 Elder – Salahuddin(289 skips)
- Year 5 Quince – Reem (110 skips)
- Year 5 Willow – Aria (250 skips)
- Year 6 Tamarind – Yuzuku (143 skips)



Please remember to hold the rope in your **right hand** and **press the black reset button**. The reading should never usually be higher than around 200.

Write the new date of that week in your notebooks clearly e.g. next week should begin 06.02.23.



So top 5 Bug Club reading classes for Spring | Week 4.....

1<sup>st</sup> 75% - Sycamore Class

2<sup>nd</sup> 70% - Ivy Class

3<sup>rd</sup> 62% - Holly Class

4<sup>th</sup> 60% - Rowan Class

5<sup>th</sup> 54% - Quince Class



.....and top 7 Bug Club readers across the school for Spring 1 Week 4.....

**Joint 1<sup>st</sup> Darcie (Guava Class), Anu (Guava Class) and Sousuke (Katsura Class) 21 books completed**

**4<sup>th</sup> Safa (Holly Class) 14 books completed**

**Joint 5<sup>th</sup> Bandar (Chestnut Class), Zenjiro (Guava Class) and Aoi (Katsura Class) 13 books completed**



.....and top 5 Bug Club quizzers across the school for Spring 1 Week 4.....

**1<sup>st</sup> Safa (Holly Class) 128 quizzes completed**

**2<sup>nd</sup> Darcie (Guava Class) 123 quizzes completed**

**3<sup>rd</sup> Anu (Guava Class) 115 quizzes completed**

**4<sup>th</sup> Bandar (Chestnut Class) 101 quizzes completed**

**5<sup>th</sup> Sousuke (Katsura Class) 97 quizzes completed**

## West Acton Primary School Weekly Values Rewards

w/c 23 <sup>rd</sup> January 2023	Courage	Consideration	Collaboration
<b>Acorn</b>	Aaron	Gaku	Emi Y
<b>Olive</b>	Sana K	Leen	Jad
<b>Fir</b>	Nanako	Omar	Sophia
<b>Banyan</b>	Haruka	Khaled	Derek
<b>Ash</b>	Afonso	Julion	Omar
<b>Guava</b>	Menrot and Hijraan	Anu	Kansai and Adam B
<b>Katsura</b>	Mikheal	Kassim	Khayria
<b>Chestnut</b>	Eyad	Halla	Taha
<b>Damson</b>	Odai	Kei	Eita
<b>Juniper</b>	Chiaki	Yuri	Joe
<b>Holly</b>	Rina	Mariam A	Alex
<b>Ivy</b>	Mohamed	Eisuke	Celine
<b>Rowan</b>	Miirō	Batoul	Asiyah
<b>Mulberry</b>	Jimmy	Andrei	Wessam
<b>Pine</b>	Mouhamed	Nicole	Asawir
<b>Sycamore</b>	Livia	Jerry	Layla
<b>Elder</b>	Haya	Kotomi	Zakaria
<b>Quince</b>	Omar	Irine	Uzayr
<b>Willow</b>	Siearna	Lily	Joud
<b>Lime</b>	Shaam	Ayoub	So
<b>Tamarind</b>	Adrian	Nadine	Miki
<b>Zaytouna</b>	Simone	Zubaidah	Muhammed
<b>Woodlands</b>	Akram	Oliver M	Yusuf