

WEST ACTON PRIMARY SCHOOL NEWSLETTER

Friday 10th March 2023



Thank you Katsura class who took me on a guided tour of London this morning! Just what I needed on a cold and nearly snowing morning. We all enjoyed your quiz!

This week our Year 6s had a very exciting week – some away at a PGL residential and some doing different activities in school. What shone through was how our pupils demonstrated the school values of courage, consideration and collaboration throughout the week. A huge thank you to all the staff who went above and beyond to make the time special for our pupils.

We thought about international women's day this week in assembly and lucky we are to have equality, inclusivity and high expectations for everyone. Thank you so much for kind gifts given to myself and other staff, we really appreciated it.

Have a wonderful week end, Miss Kondo.

RHE Parents' Workshop

Thank you to the parents who attended the RHE workshop with Faye Jones from Ealing's Health improvement team. It was a very informative session with lots of good questions and discussions.

*Please see details of Relationships and Health Education here:
<https://www.westactonprimaryschool.org/curriculum/subjects/pshe#>*

Last week the afternoon Nursery children were very lucky to have a visit from the fire service. Last term our topic was 'People who help us' and the children learnt a bit about what fire fighters do to help people. The children were invited to sit inside the fire engine and try on the fire helmets and uniforms. They also got to see some of the equipment that they use to keep people safe. It was really exciting to have a little experience of what it would be like to be a real firefighter and learn all about the important job that they do.





On Thursday 9th March two Year 5 teams took part in the basketball development league. The matches were very competitive and all the children played very well giving 100%. The A-team finished fourth in their league and the B-team finished third in their league. Unfortunately this was not enough to qualify for the knock out stages. The West Acton player of the tournament was Nadia who scored two baskets and led the B team brilliantly. Another mention goes to Salah for an audacious 3-point basket from 10 metres against Lady Margaret Primary School.



Digi-Skipping Rope Challenge

Winners w/e:03/03/23:

Well done!!

Year 1 Katsura – Victoria (95 skips)

Year 2 Damson – Kais (131 skips)

Year 2 Juniper – Sadan (121)

Year 4 Mulberry– Maho (217 skips)

Year 4 Pine – Zura (143 skips)

Year 5 Willow – Kichi (200 skips)



Please remember to hold the rope in your **right hand** and **press the black reset button**. The reading should never usually be higher than around 200.

Write the new date of that week in your notebooks clearly e.g. next week should begin 13.03.23.



School will be closed next Wednesday 15th and Thursday 16th March due to NEU Strike.

Please see letter sent on 9th March for more information.



West Acton Primary School



Second – Hand Uniform Shop Now OPEN!



Contact the **school office** to
purchase a second hand
uniform for your child.

Sizes: range from age 3 to age
11

Price: All items £1



Children's Multi-Activity **EASTER** Holiday Camps

CHISWICK • EALING • FULHAM
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April 2023***

*Excluding Good Friday and Easter Monday

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and broadening
experience™



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Lots of fun and exciting sessions to
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So top 5 Bug Club reading classes for Spring 2 Week 2.....

1st 83% - Damson Class
2nd 73% - Birch Class
3rd 71% - Elder Class
4th 61% - Willow Class
5th 59% - Mulberry Class



.....and top 8 Bug Club readers across the school for Spring 2 Week 2.....

1st Ryota (Damson Class) 25 books completed
2nd Nina (Willow Class) 21 books completed
3rd Ren (Guava Class) 18 books completed
4th Kohei (Sycamore Class) 14 books completed
Joint 5th Alma (Fir Class), Kansai (Guava Class), Hiro (Nursery) and Dayana (Olive Class) 12 books completed



.....and top 5 Bug Club quizzers across the school for Spring 2 Week 2.....

1st Ren (Guava Class) 116 quizzes completed
Joint 2nd Honoka (Mulberry Class) and Iris (Willow Class) 56 quizzes completed
4th Luca (Pine Class) 55 quizzes completed
5th Nina (Willow Class) 54 quizzes completed

MESSAGE from Mrs Ahmad, School Therapist

Things to know about saying 'NO' to your child.....

We all wish our children would just comply when we ask them to do something. However we all know that they don't always do what is asked the first time.

Sometimes we get a feeling that we don't want to upset our child. Parents/carers have shared that it is so much harder to say no to children, when they are trying to make sure everyone is happy. It helps to know that children need to hear the word 'no' sometimes. Research shows that having boundaries helps our children to feel emotionally safe and secure.

It is possible to help children want to cooperate without resorting to yelling, threats or harshness.

How can parents/carers help?

The most important thing to remember is that children only listen to us because of who we are to them. So be sure to keep strengthening your relationship: consciously connect with them before giving them a direction.

Your children will accept your limits and boundaries when you first accept their feelings about your limits (sadness, anger, disappointment,...). Children follow our requests when they feel they have some control in the situation: avoid power struggles by giving them a choice and some autonomy.

Lots of pre-warning when it's nearly time to finish something that's fun for them, will help them to leave their game/toy and be more able to follow your instruction.

I look forward to welcoming you all to our next Parent/carer Coffee Morning on Thursday 23rd March 2023.

West Acton Primary School Weekly Values Rewards

w/c 27 February 2023	Courage	Consideration	Collaboration
Acorn	Tougo	Elisa	Zakaria S
Olive	Isabelle	Abrianna	Sana S
Fir	Larin	Moussa	Kavell
Banyan	Zain	Luna	Zareena
Ash	Lolade	Sota Y	Hamza
Guava	Davide	Taima	Isabela Olivia
Katsura	Inori	Victoria	Qais
Chestnut	Mehreen	Kam	Manar
Damson	Kobi	Sanah	Sara
Juniper	Abdul	Yosef K	Sadan
Holly	Mariam H	Mohamed	Toshi
Ivy	Angelin	Antonia	Takuto
Rowan	Mizuka	Sumaya	Mirei Mei Yo Maho
Mulberry	Aroush	Maho	Akshaya
Pine	Meshal	Mohamed	Asawir
Sycamore	Muhammad	Rimas	Aoi
Elder	Kevin	Ruba	Imad
Quince	Keira	Emily	Reem
Willow	Mustafa	Riley	Ben
Lime	Jun	Elizabeth	Sarah
Tamarind	Shuma	Hiroki	Fares
Zaytouna	Tbc	Tbc	Tbc
Woodlands	Oliver M	Jessie	Yusuf