

# WEST ACTON PRIMARY SCHOOL NEWSLETTER

Friday 9<sup>th</sup> June 2023



The sunshine that we have started to have is certainly making it feel like summer has arrived! It was fantastic to welcome you all back for Summer Term 2 and it has already been a very busy week with trips and events!

Please ensure that you have made a note of the term dates for next year – they were shared quite a while ago but I am including again for reference, as well as the upcoming sports days.

Ealing's Windrush competition deadline has been extended over this weekend. I have included the details again for those who would like to enter.

Have a wonderful weekend, Miss Kondo

***Reception Assemblies – on THURSDAYS in June***  
***15<sup>th</sup> Olive    22<sup>nd</sup> Fir    29<sup>th</sup> Banyan***

***School finishes for the summer on***  
***Thursday 20<sup>th</sup> July at 1.30pm.***

**When reporting absences by telephone or email, please state your child/children's full name, name of class and the reason for absence state the symptoms.**



# West Acton Primary School



## Second – Hand Uniform Shop Now OPEN!



Contact the **school office** to complete a **request form** for a second hand uniform for your child.

*All items are subject to availability.*

**Sizes:** range from age 3 to age 11

**Price:** All items £1



We are short on age 7-8 year old donations – do you have any old uniform?

# MESSAGE from Mrs Ahmad, School Therapist

Building your bond through PLAY!

Just like adults like to chat, children's language is play. You can learn so much about their feelings, their wishes, their worries and who they are by watching them play. It is a wonderful way for them to release their emotions in a safe and positive way. We also know that a strong connection between child and adult means less difficult behaviours. Playing with your child is a great way to connect with them! Your lives can get very busy but all you need are regular pockets of fun, being fully present (screens away!) and letting your child lead the game. Show interest in what they enjoy and show them how delighted you are to be spending this time with them!

*What can parents/carers enjoy joining in with...*

Hide and seek – this game encourages counting, thinking cleverly and turn-taking, all skills your children are learning. It was also provides the opportunity for your child to experience being found by you and seeing the delight in your face.

Squiggle – Take turns to draw a squiggle and the other person has to turn it into a picture. It doesn't have to look like anything specific, just something to share.

Guess the Letter - With your finger trace a letter on your child's back and help them guess what it is. Swap turns. This is great at bedtime.

Remote Control Robot – Have your child draw a remote control with 3-5 buttons/commands. They can make you go forwards, backwards, sideways, spin around, crawl, stop, etc. The funnier you are, the better (make robot noises!). Then you can swap around if they want to. Your children will enjoy watching you being a bit 'silly' and playful with them.

Step into your child's world today through playing a game together.

Joyful June 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			1 Decide to look for what's good every day this month	2 Say positive things in your conversations with others	3 Re-frame a worry and try to find a helpful way to think about it	4 Take a photo of something that brings you joy and share it
5 Think of 3 things you're grateful for and write them down	6 Get out into green space and feel the joy that nature brings	7 Do something healthy which makes you feel good	8 Find joy in music: sing, play, dance, listen or share	9 Ask a friend what made them happy recently	10 Bring joy to others by doing something kind for them	11 Eat good food that makes you happy and really savour it
12 Write a gratitude letter to thank someone	13 Take a light-hearted approach. Choose to see the funny side	14 Share a happy memory with someone who means a lot to you	15 Look for something to be thankful for where you least expect it	16 Speak to others in a warm and friendly way	17 Take time to notice things that you find beautiful	18 Look for something good in a difficult situation
19 Get outside and find the joy in being active	20 Rediscover and enjoy a fun childhood activity	21 Send a positive note to a friend who needs encouragement	22 Watch something funny and enjoy how it feels to laugh	23 Create a playlist of uplifting songs to listen to	24 Bring to mind a favourite memory you feel grateful for	25 Show your appreciation to people who are helping others
26 Make time to do something playful, just for the fun of it	27 Be kind to you. Do something that brings you joy	28 Notice how positive emotions are contagious between people	29 Share a friendly smile with people you see today	30 Make a list of the joys in your life (and keep adding to it)		

ACTION FOR HAPPINESS

Happier · Kinder · Together



**— Art & Plant Market —**

*Saturdays in 2023, from 1-4 pm*

**27 May** 24 June, 29 July, 26 Aug, 30 Sept, 28 Oct

**Stalls, Music, Eco-Art, Activities, Community.**

W3 Garden, Pavilion, Eastfields Road, Acton, W3 0JF.  
[info@artification.org.uk](mailto:info@artification.org.uk) / [www.artification.org.uk](http://www.artification.org.uk)



ITY  
RIDGE  
RUST

ART

## **Free Family Event**

### **ART & PLANT MARKET**

**Saturday, 27th May - 1 to 4 pm**

#### **Stalls on the day!**

Acton Ealing Youth Football Club (AEW FC)  
 Acton Gardening Association Plant Shop  
 Artification  
 Arts & Craft for children  
 Auntie Bonnies Jerk Pit  
 Book Swap run by Action West London  
 Kidstime2Play - Children books and activities  
 Peter Filbey Artwork  
 Talking and Exploring - Tours of non-touristy parts of W. London  
 The Massage Company – come for a free massage  
 Zumba by Ana  
 And more!

#### **Activities on the day, you can join in!**

Choir & Dancing Folklore by the Local Japanese Hobby Group,  
 Zumba by Ana, Free Massage by the Massage Company

Food and Drinks available from the Café in the Pavilion

Promoted by Artification – Charity No. 1152149

#### **READING**

**Children should be reading 5 nights a week**  
**Children should be completing BUG CLUB 1**  
**night a week**

**Reading books and Reading record**  
**planners should be in children's book bags**  
**every day**

#### **Polite Reminder**

**We cannot complete forms for pupils**  
**or their families.**

**e.g. Passports, ID, Visa**

**Thank you for your understanding.**

#### **Health and Safety**

**Children should not be on the climbing**  
**frame after 3.15pm**

**Please supervise your children after school**  
**– too many children are left unattended or**  
**running in the car park.**

#### **Health and Safety Reminder**

**Children must be supervised after**  
**school at all times**

**Hold small children's hands**

**Do not let your child go on the**  
**climbing frame after school**

**Do not let your ride their scooter or**  
**bike in our car park**

# West Acton Primary School 2023-2024

## Term and Holiday Dates



Autumn Term 2023	
SCHOOL CLOSED for pupils	INSET DAY for staff training Monday 4 <sup>th</sup> September and Tuesday 5 <sup>th</sup> September 2023
Start of term for pupils	Wednesday 6 <sup>th</sup> September 2023 PUPILS RETURN TO SCHOOL
SCHOOL CLOSED for pupils	INSET DAY for staff training- Friday 20 <sup>th</sup> October 2023
SCHOOL CLOSED HALF TERM	Monday 23 October to Friday 27 October 2023
End of term	Thursday 21 December 2023 SCHOOL CLOSES at 1.30pm
SCHOOL CLOSED Winter Holiday	Friday 22 December 2023 to Friday 5 January 2024
Spring Term 2024	
Start of term for pupils	Monday 8 January 2024 PUPILS RETURN TO SCHOOL
SCHOOL CLOSED HALF TERM	Monday 12 February to Friday 16 February 2024
End of Term	Thursday 28 March 2024 SCHOOL CLOSES at 1.30pm
SCHOOL CLOSED Spring Holiday	Friday 29 March - Friday 12 April 2024
Summer Term 2024	
Start of Term for pupils	Monday 15 April 2024 PUPILS RETURN TO SCHOOL
SCHOOL CLOSED	Monday 6 May 2024 May Day Bank holiday
SCHOOL CLOSED HALF TERM	Monday 27 May to Friday 31 May 2024
SCHOOL CLOSED	INSET DAY for staff training – Monday 3 <sup>rd</sup> June 2024
End of Term	Tuesday 23 <sup>rd</sup> July SCHOOL CLOSES at 1.30pm
SCHOOL CLOSED	INSET DAY for staff training – Wednesday 24 <sup>th</sup> July 2024
SCHOOL CLOSED Summer Holiday	Occasional Days – Thursday 25 <sup>th</sup> , Friday 26 <sup>th</sup> and Monday 29 <sup>th</sup> July



# West Acton Primary School

## Wednesday Morning Yoga Club



kids  
yoga  
flo



**8:00-8:45 £22.50 for last 5 sessions**

**Reception to Year 6**

**7th June - 5th July**

Run by fully qualified primary school  
teacher trained in children's yoga

**Contact Emma Hoddy**

**kidsyogaflo@gmail for info**

**<https://www.kidsyogaflo.com>**

**password - WestActon**

kids  
yoga  
flo



# **SUPA™**

## **WEST ACTON**

### **BASKETBALL & MULTISPORT**

**BOOK ONLINE: [WWW.STAYSUPA.COM/BOOK-ONLINE](http://WWW.STAYSUPA.COM/BOOK-ONLINE)**

**MULTISPORT 7:45-8:45AM**

**WEDNESDAY- YR 5/6**

**THURSDAY- YR 1/2**

**FRIDAY- YR 3/4**

**BASKETBALL 7:45-8:45AM**

**\*\*\*TUESDAY YR 3-6**

**WEDNESDAY- YR 1/2**

**THURSDAY- YR 3/4**

**FRIDAY- YR 5/6**

**STARTS JUNE 2023**



## West Acton Primary School Weekly Values Rewards

w/c 22nd May 2023	Courage	Consideration	Collaboration
<b>Acorn</b>	Ellie	Ramzi	Sumaya
<b>Olive</b>	Jude	Kaede	Rumaysa
<b>Fir</b>	Safiya	Alma	Shea
<b>Banyan</b>	Maidah	Mohammad	Leo
<b>Ash</b>	Sota Y	Paddy	Sota N
<b>Guava</b>	Davide	Adea	Tommy
<b>Katsura</b>	Sousuke	Iliana- Bleu	Ania
<b>Chestnut</b>	Mason	Ayesha	Leyla
<b>Damson</b>	Arber	Nico	Alexander
<b>Juniper</b>	Omar	Emilie	Toru
<b>Holly</b>	Elsie- Lousie	Mira	Musawer
<b>Ivy</b>	Anaya E	Celine	Kheelan
<b>Rowan</b>	Sarah	Emaan	Sumaya
<b>Mulberry</b>	Helena	Hassan	Keenan
<b>Pine</b>	Adam	Ali	Sham
<b>Sycamore</b>	Hikaru	Bethany	Adrian
<b>Elder</b>	Danya	Tomoki	Keigo
<b>Quince</b>	Irine	Tahir	Keion
<b>Willow</b>	Namai	Maachi	Rhana
<b>Lime</b>	Tbc	Tbc	Tbc
<b>Tamarind</b>	Mustafa	Nadine	Yuzuka
<b>Zaytouna</b>	Maiesha	Nada	Vidoun
<b>Woodlands</b>	Tbc	tbc	tbc





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[www.westactonprimaryschool.org](http://www.westactonprimaryschool.org)  
[admin@west-acton.ealing.sch.uk](mailto:admin@west-acton.ealing.sch.uk)

Head Teacher: Ms K Kondo

5<sup>th</sup> June 2023

Dear Parents/Carers,

**Re: Sports Days Reception to Year 6**

We are very excited to be able to invite you to our Sports Days again for this year and hope you can attend in order to support your children. You will be able to enter from the field gates just before the event. Please ensure that all younger siblings are supervised and held onto. The pupils will participate in a carousel of activities which you can follow around and watch.

On the sports day, children can come in their PE kit which is plain white t- shirt. If they do have a t-shirt in the colour of their house they can wear that. Pupils should *not* wear other random t-shirts or football shirts. PE will take place as usual that week so please still send your child in their PE kits for that too.

Children continuously learn about global sporting events and understand the values needed in Sports. Teachers will be awarding medals for children who demonstrate our school values of Courage, Consideration and Collaboration and house points for winners.

Tuesday 20 <sup>th</sup> June 9.30am to 11.30am	Year 4
Tuesday 20 <sup>th</sup> June 1. 00pm to 3.00pm	Year 1
Wednesday 21 <sup>st</sup> June 9.30am to 11.30am	Year 3
Wednesday 21 <sup>st</sup> June 1. 00pm to 3.00pm	Year 2
Thursday 22 <sup>nd</sup> June 9.30am to 12.30am	Year 5 and Year 6
Thursday 22 <sup>nd</sup> June 1. 00pm to 3.00pm	Reception

Children from the Woodlands ARP will join their respective year groups.

There will be an opportunity for parents/carers' races. If you wish to take part, please ensure that you dress appropriately, with safety in mind.

If it rains or there is a heatwave like last year, we will have to cancel. We will let you know if we can rearrange. If the weather is hot, please bring sunscreen, a hat and plenty of water.

Yours faithfully,

Maria Jiggins  
PE Leader

Karen Kondo  
Head teacher



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Head Teacher: Ms K Kondo

5<sup>th</sup> June 2023

Dear Parents/Carers,

Re: Year 6 end of term activities

I am sure that you cannot believe this time has come around already either – the end of primary school for your child! We will mark this milestone with some special events: their production, party and leavers' assembly.

Year 6 production and end of year party – Tuesday 18th July, all Year 6 pupils are invited to stay at school at the end of the day and we will give them food and time to relax with their friends before putting on their end of year production 'The Lion King' at 6.00pm. *Therefore on that day your child will remain onsite after school on Tuesday.*

We are delighted to invite you to this live show. As you can appreciate we have limited seating.

- This is limited to 2 guests per Year 6 pupil.
- Each Year 6 pupil will bring home 2 tickets on Monday afternoon – *please bring your ticket to the show on Tuesday.*
- To help with younger siblings we will provide a crèche service – please email me on [admin@west-acton.ealing.sch.uk](mailto:admin@west-acton.ealing.sch.uk) stating the name, number of and ages of children that you would like looked after.
- There will not be room for pushchairs to go in the hall.
- Gates will open at 5.45pm.
- The show will last around one hour.
- Please bring water.

If you are not attending to watch your child, he/she will need to be *collected at 7.15pm* this day and cannot walk home alone.

Year 6 leavers' assembly – *Thursday 20th July at 9.15am* there will be a special assembly where the leavers' will be presented with their leaving certificate and Year 6 leavers' yearbook. Each class teacher will be recognising achievements in Art, Music and Sport as well as an all round class Hero award. I will also be awarding our Year 6 Citizen of the year. Again, we would very much like you to be part of this and last year we were able to hold it outside and it worked very well.

It is very sad for us to see any cohort or pupil leave West Acton but we hope that these events will be special and memorable for the pupils, and yourselves. We will be very proud to see Year 6 go on to the next stage of their journey and look forward to seeing you next week.

Yours faithfully,

Vicky Ferreira  
Year 6 Year Group Leader

Karen Kondo  
Head teacher





## Celebrating the 75<sup>th</sup> Windrush Anniversary – **Poetry and drawing competition**



**“Celebrating the achievements  
and contributions of the  
Windrush generation and their  
descendants.”**



Please submit your entry to your class teacher by **Friday 9<sup>th</sup> June 2023.**

***Deadline extended to Monday 12<sup>th</sup> June***

### **Some people and achievements to celebrate...**

- **NHS nurses**
- Film director **Steve McQueen**
- **Olympic gold medallist Linford Christie**
- Broadcaster and journalist **Alex Pascall**
- **Teacher and activist Sara Burke**
- Founder of Acton-based Descendants charity **Margaret Noel**
- **Educationalist, activist and first black female governor of the BBC Dame Jocelyn Barrow**





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Head Teacher: Ms K Kondo

28<sup>th</sup> May 2023

### Celebrating the 75<sup>th</sup> Windrush Anniversary – Poetry and drawing competition

Dear Parents and Carers,

The arrival of the ship HMT Empire Windrush at Tilbury docks in 1948, bringing more than 800 passengers from the Caribbean, is a moment that shaped modern Britain. **On 22 June 2023, we will mark its 75th anniversary.**

The Windrush generation were integral to Britain becoming a more diverse country, and played a prominent role in post-war rebuilding and development especially through their work in the NHS, transport and manufacturing.

In recognition of this significant anniversary, Ealing Council will be celebrating the contributions and achievements of the Windrush generation and would like to invite every school in Ealing to join them in this celebration by participating in a drawing and poetry competition on the theme of **celebrating the achievements and contributions of the Windrush generation and their descendants.**

**Reception and Key Stage 1:** pupils are invited to draw a picture or create a poster that reflects the above theme.

**Key Stage 2:** pupils are invited to write a poem that addresses the above theme.

Poems should use language to engage the reader, leave a powerful impression on the reader and be a maximum of one side of A4 in length.

#### Prizes

A winner will be selected for each year group, and all winners will receive a £50 book voucher.

An overall winner will be selected for each Key Stage and those pupils will receive a £75 book voucher and the school will receive £200 towards books.

The winning drawings and poems will be collated into a commemorative Windrush 75 booklet. Winners of the poetry competition will be invited to participate in a Windrush video where they will be recorded reading their poems. The booklet and video will be made available to all Ealing schools.

Please submit your entry to your class teacher by **Friday 9<sup>th</sup> June 2023.**

We look forward to receiving your brilliant efforts.

Kind regards,

Mr McKay



## Measles is circulating

- measles is extremely infectious and can be serious
- Make sure your children get two MMR vaccines on time; the first at 1 year of age and the second at 3 years, 4 months
- If you or your children missed these vaccines, it's not too late. Ask for the free vaccine from your family doctor (GP) if you or your children aren't up-to-date
- If you have symptoms of measles, stay at home and phone your GP or NHS 111 for advice. **STAY AWAY** from GP surgeries and A&E departments – you could spread the illness to others
- symptoms include: high fever; sore red, watery eyes; coughing; aching and feeling generally unwell; a blotchy red brown rash, which usually appears after the first symptoms
- go to [nhs.uk](https://www.nhs.uk) for more measles information

### Symptoms

Rash



Temperature



Runny Nose



Red Eyes



Cough

