

West Acton Primary School Newsletter



Friday 2nd July 2021



School Jotter

Our app—available on the app store

It is hard to believe that we are reaching the end of the school year. So much to fit in and so little time left!

This year we will not be able to have parents at our sports day but we still intend to have them for the pupils in the week commencing 12th July – we will send further details next week.

Thank you to our PTA who organised the fantastic year group tea towels - they have been given out this week. If you didn't order one there are still a few available to buy from the PTA. Please do support the second hand uniform sale that they are kindly organising – see details below.

Aktiva are offering free summer camps for pupils if you are eligible for FSM – see below - and are also offering their regular summer camps too.

West Acton has been out and about a bit this week – one pupil went to Wembley stadium and some Year 6s went away to PGL! Look out for this exciting news in the new couples of week.

Have a safe weekend, Miss Kondo

KS2 Football Tournament



Over the past few weeks, KS2 have taken part in their own 'Euros' style football tournament. We have seen some wonderful footballing talents displayed during the groups games, along with great teamwork displayed across all year groups. There were some nail biting moments and even some penalty shootouts to decide the winners.

Well done to all the children who took part and a special well done to Team 5 from Year 3, Team 4 from Year 4, Team 4 from Year 5 and the Wild card Team from Year 6.

THANK YOU MISS MURPHY FOR ORGANISING THIS!

TOP TIP from School Counsellor

Supporting your child who worries in social situations

Many children can be described as “shy”. Often, what this can mean is that they are very sensitive to their environment and can easily feel overwhelmed; perhaps they are introverted, meaning that they need quiet time away from people to renew their energy; or maybe they get so absorbed in their play and ideas that they aren’t so interested in interacting with others.

How can parents help?

Firstly, try to avoid labelling your child as “shy”, as he may think there is something wrong with him. Instead, be sure to stay sensitive to his needs and empathise with what he is finding difficult. You can point out that she is able to overcome her fears: take the time to coach her on how to make friends and how to express her needs to others. Let him know that it is normal for everyone to feel a little uncomfortable when they first meet someone or walk into a room full of people and brainstorm together ways that he can overcome his worries in these situations. Remember to empower your child and avoid being over-protective. Instead, after validating her feelings, let her know that she is capable of doing hard things.

Sometimes we could all do with someone to talk to. If you would like to meet Louise for a confidential and non-judgemental chat about you, your child, or any other worries, she is available on Wednesdays 9-10am. You can call/text Louise on 07582310756 or email her at lalltimes.307@lgflmail.org

FREE SUMMER Holiday Camp in Ealing & Hounslow

27 July -
20 August
8am-12 Noon
(prompt pick up at 12)



EALING SCHOOLS: Mount Carmel,
West Acton & Horsenden Primary
HOUNSLOW SCHOOLS:
Belmont Primary & Cavendish Primary

- FREE holiday activities for children ages 4 – 11: sports, crafts and games to keep children active this Summer holidays.
- Our camps deliver a great experience for children, allowing them to have fun and be active in a safe, fun, friendly and supportive atmosphere.
- Children will start the day with a free healthy breakfast ready for a fun packed session ahead.

Please register and book your **FREE** place at
www.aktivacamps.com



Aktiva are very proud to be selected to be a provider for the HAF programme in partnership with the London Borough of Ealing and the Department of Education.

Here is a summary of the Holiday Activity and Food Programme:

Free Summer Camp Activities for children on roll at an Ealing school who are eligible for Benefits-related Free School Meals

Eligible children will be entitled to receive the following through the programme (we have been advised by the DfE that there is flexibility for Easter due to timescales and COVID restrictions):

- 4 half days per week during the Summer Holiday starting on the 27th July.
- Free Healthy Breakfast starting at 8am
- A daily element of nutritional education
- A weekly online session of food education for their family/carers
- Daily enriching activities
- At least one physical activity daily
- Access to information, signposting or referrals to other beneficial services and support

Aktiva HAF Programme

Venue: West Acton

Dates: 27th July to 20th August

Time: 8am – 12noon

Schedule

8am – 9 am – Welcome session

- Healthy breakfast (healthy cereal options with dairy and non-dairy milk, toast, bagels, pancakes, fruit and veg platter, yogurt. Aktiva operate in a nut free environment.
- Yoga stretch and story time

9am – 10am – Sports Activity

- Warm up
- Team sports with trained coaches – (e.g. hockey, football, netball, bench ball, basketball)

10am -11am – Food education

- Science/food tech/gardening to demonstrate healthy lifestyle – eg. healthy snack recipes made by the children, design your own dinner plate, fizzy drink experiments, sugar content in different foods, learning to grow food (salads, beans)
- Every family will receive a weekly newsletter containing healthy meal ideas, gardening tips with salad seeds to plant at home, together with healthy lifestyle activities

11am - 12noon – Creative Arts, Aktiva Games and Well Being Session

- Street Dance
- Arts and Crafts activities
- Mini athletics
- Group connect – mindfulness and mental wellbeing session

We have a 100 spaces available each day so it will be on a first come first serve basis. West Acton families will have the first opportunity to book. The Booking system will go live on Monday 5th July at 2pm.

If you have any further questions, please don't not hesitate to get in touch.

E: angelina@aktivacamps.com

M: 07775678141



UNIFORM EXCHANGE

Please bring uniform to donate on
Thursday 8th (before and after school)
and **Friday 9th July** (before school only)

Uniform items accepted – Shirts, ties,
trousers, skirts, PE kit, jumpers, cardigans,
bookbags.

No non-uniform items though please!

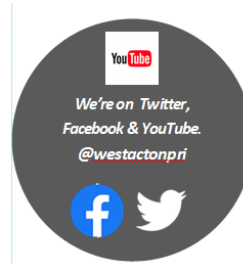
UNIFORM SALE

(voluntary donation only, pay what you can)

Tuesday 13th July - Nursery, Reception, Year 1

Wednesday 14th July - Year 2 and 3

Thursday 15th July - Year 4, 5 and 6



We're on Twitter,
Facebook & YouTube.
@westactonpri



IMPORTANT COVID – 19

If your child or anyone in your household has a positive COVID-19 test result during half term please email the school

admin@west-acton.ealing.sch.uk

It is very important that you keep your child at home if ANYONE in the house has symptoms or a positive test result, especially siblings.

It is also important to know the symptoms of COVID-19 (new or continuous cough, high temperature, loss of sense of smell or taste)

Please test anyone who has symptoms

Please note the first day of symptoms.

ROAD SAFETY

We expect all of our community to feel safe around our school in the morning and at afternoon collection time. Sadly, some of our parents have been driving disrespectfully or illegally. This was reported in the Autumn, by local residents and other parents since January.

This is unacceptable – please do not put people at risk.

Mobile Phone use by Parents/Carers on site

Please refrain from using your mobile phone whilst dropping off and collecting your child.

Breakfast Club – spaces still available

Book here:

<https://www.westactonprimaryschool.org/parents/breakfastclub>

Please do consider using and booking breakfast club so that we can continue to be able to offer this service at the competitive rate into the future.

EYE TESTS

Please do consider getting your child's eyes tested. We cannot get opticians onsite but I have called Specsavers, Vision Express and Eyes on the Common –they have appointments available.

WEST ACTON - STOP EYES on ME!

Listen to our new school chant of Our values and rules.

<https://www.westactonprimaryschool.org/keyinformation/behaviour-1>

This week's house points
Week ending 25.6.21

Chiswick	2880
Osterley	1957
Pitzhanger	2207
Syon	2154

HERE to HEAR and HELP!

Please do get in contact if you feel that your child or you need support during this time we are apart. Our school wellbeing team is continues to be very active and available for YOU.

IMPORTANT DATES

End of year reports and new teacher
information will be given on Monday
12th July

End of term Wednesday 21st
July at 1.30pm

Start back Friday 3rd
September

See here for full details:

<https://www.westactonprimaryschool.org/newsanddates/termdates>

BOTTLE TOP MASTERPIECE!

We are starting an exciting Design Project –
please save us your bottle tops, wash them
and send them in.



These can be found on drink and milk bottles.

HOLIDAY PLAY
North Acton Pavilion
26th July – 19th August

This summer ARTification are collaborating with accredited playworkers to run a free creative summer scheme. Over 4-weeks, children will have the chance to connect with Art and Nature through active workshops in the beautiful Pavilion and gardens of North Acton Playing Fields. Each fortnight will focus on either Art or Gardening, kicking off each new theme with a visit from an expert facilitator to help the children get inspired for the weeks activities.

WEEK 1 + 2 // ART



WEEK 3 + 4 // GARDENING



Monday - Thursday // 9am - 1pm
Open to 8 - 11 year olds. Limited spaces available - request a registration form by contacting freya@artification.org.uk

This is a HAF playscheme, exclusively for children in receipt of free school meals. Lunch and snacks will be provided.

ARTification



CELEBRATING ARTS, CULTURE, COMMUNITY SINCE 2003
www.artification.org.uk // Registered Charity: 1152149