

24th January 2022

Dear Parents/Carers,

Re: Changes to Self- isolation guidelines

Can my child attend school?

Your child *cannot* attend school if they have:

- A persistent, dry cough
- A high temperature
- Loss of taste or loss of smell.

Please take a test – an LFT test is now sufficient.

If a close contact or household member tests positive, your child *can* still attend school, please arrange daily LFD testing for your child.

When should my child stay at home and isolate?

Stay at home and self-isolate if you have any of the main symptoms of COVID-19 or if you have a positive LFD or PCR test result. Self-isolation will help protect your family, friends and the wider community by reducing the risk that you will pass the infection on to others.

Self-isolation period starts immediately from when the symptoms started, or, if no symptoms, from when the positive LFD or PCR test was taken, whichever test was taken first. Self-isolation period includes the day the symptoms started (or the day test was taken if no symptoms), and the next 10 full days – or early if he/she has two negative tests – see above.

He/she can return to your normal routine and stop self-isolating after 10 full days if symptoms have gone, or if the only symptoms are a cough or anosmia, which can last for several weeks. If he/she still has a high temperature after 10 days or are otherwise unwell, stay at home and seek medical advice.

How long does my child need to self-isolate for?

The self-isolation advice for people with coronavirus (COVID-19) has changed. It is now possible to end self-isolation after 5 full days if you have 2 negative LFD tests taken on consecutive days. This guidance also applies to children who usually attend school.

The
(or the day



first LFD test should not be taken before the fifth day after the symptoms started your test was taken if you did not have symptoms). The self-isolation period

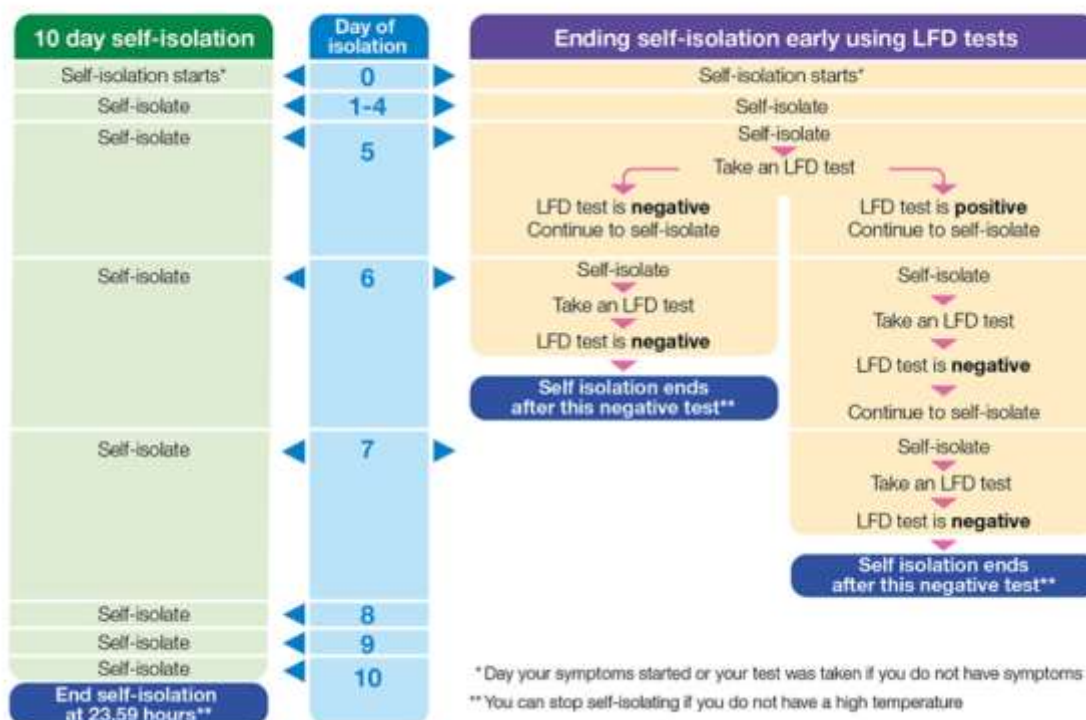
remains 10 full days for those without negative results from 2 LFD tests taken a day apart.
He/she can begin taking lateral flow tests from day 5 in your self-isolation period.

If he/she has a negative test result for 2 days in a row, and do not have a high temperature, he/she can stop testing and leave self-isolation early.

You should report your test results here: <https://www.gov.uk/report-covid19-result> after taking each test.

You should not take an LFD test before the fifth day of your self-isolation period, and you should only end your self-isolation after you have had 2 negative LFD tests taken on consecutive days. You should stop testing after you have had 2 consecutive negative test results.

Examples of when to end self-isolation if you have had COVID-19 symptoms or have received a positive COVID-19 test result



Can my child access school work whilst self - isolating?

If your child is well enough they should be able to log on Teams and see the work that their peers are doing. Work is posted daily and the class teacher will call you to see how your child is. Once you inform us that you child is self - isolating the Remote Learning information will be sent to you. However, it is helpful if you and your child know how to log onto teams anyway.



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Communicating

Please keep us updated with test results and symptoms by emailing admin@west-acton.ealing.sch.uk

If there is a positive case in your child's class, a letter will be emailed at the end of the day informing you and advising you to test your child.

Thank you for your support to keep our school running smoothly. We continue to ask adults to wear masks at drop off and pick up, only one adult per family and avoid coming into school and the office. In line with the national and local picture we have seen an increase in the number of positive cases since we have returned in January, which means high absence across the school. We had been very lucky as a school up until now so we hope this increase is just seasonal.

Yours faithfully,

Karen Kondo
Headteacher

William Rollason
Chair of Governors

