

WEST ACTON PRIMARY SCHOOL

NEWSLETTER

Friday 4th November 2022



This week in assembly we thought about the different communities that we all belong to some where we are all similar and some, where we are different to each other. Last night, West Acton community was out in full force – everyone together to watch the fabulous fireworks!

They were FABULOUS! Even the rain could not stop us! Thank you to PTA lead members, Diana, Pete, Kate and Rasha who gave up huge amounts of time to organise this and everyone who helped on the night as well staff who stayed too.

Next week, School Council will be selling Poppies ready for Remembrance day on Friday 11th November. Your child should bring a small donation if they would like to buy a poppy.

Children do need coats now please – and make sure they are named.

Have a lovely weekend, Miss Kondo



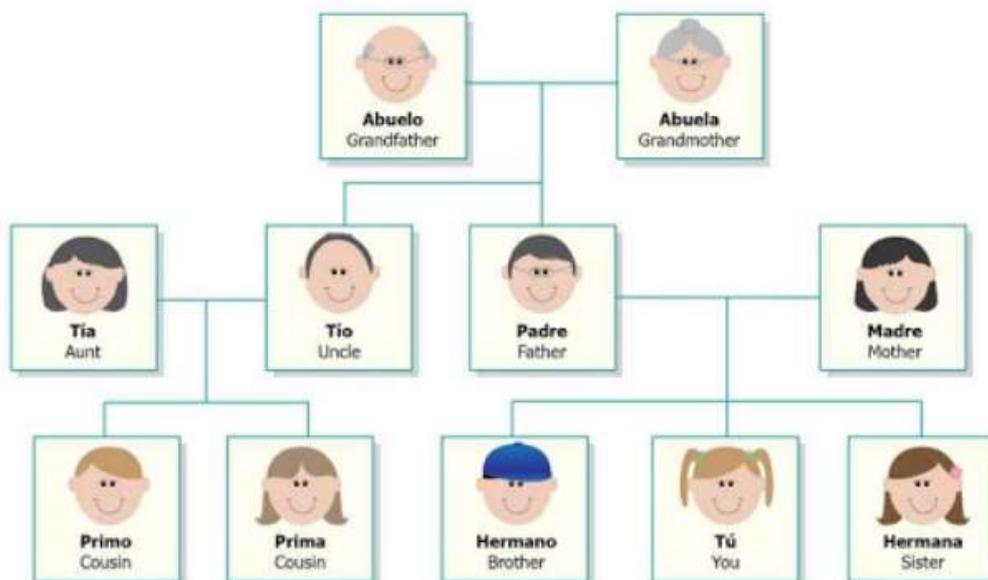
*Spanish Corner– this is taught to Year 3, 4, 5 6 and we have a club for younger pupils.
Please ask your child to teach you what they have learnt this term.*

Spanish numbers

11 = once	21 = veintiuno	31 = treinta y uno
12 = doce	22 = veintidós	32 = treinta y dos
13 = trece	23 = veintitrés	33 = treinta y tres
14 = catorce	24 = veinticuatro	34 = treinta y cuatro
15 = quince	25 = veinticinco	35 = treinta y cinco
16 = dieciséis	26 = veintiséis	36 = treinta y seis
17 = diecisiete	27 = veintisiete	37 = treinta y siete
18 = dieciocho	28 = veintiocho	38 = treinta y ocho
19 = diecinueve	29 = veintinueve	39 = treinta y nueve
20 = veinte	30 = treinta	40 = cuarenta

FAMILY MEMBERS

Miembros de la familia



**WE ARE LEARNING
CODING IN COMPUTING
THIS TERM.**

**Have a look at these
websites to try at home!**

<https://www.kodable.com/>

<https://www.codecombat.com/>

<https://www.tynker.com/>

<https://blockly-games.appspot.com/>

<https://www.kodugamelab.com/>



Would you be interested in your child having keyboard lessons?

Please complete the survey here:

https://docs.google.com/forms/d/1UJolTfE0AH0bTCJDHFr_PenPh3ZT9fwjVErnv4cusjA/edit

ONLINE SAFETY WORKSHOP for parents/carers

Tuesday 15th November at 6.00pm

A link will be sent on the day to join.

This term we are looking at **bells**.

This term we will look at bells.

A bell is made of metal and is 'rung' with a beater or clapper

Bells have been used by humans for functional and spiritual reasons.

Have you heard a bell? What bells have you heard? When do you hear them?

We will learn the names of different bells.



Thank you all at West Acton Primary School for your generous harvest donation. You donated an amazing 145Kg of food!

We appreciate your continued support as we help those in need in our community.



BRIGHT THE NIGHT

A WALKING AND CYCLING HUB IS COMING NEAR YOU SOON!

Family-friendly event and a chance to engage with the process, support and inspire more residents to walk, wheel and cycle.

Share your ideas, vote for the best logo, make a lantern (see overleaf).

Scan the QR code to complete the survey for a chance to win a bike!



Thursday 9 November

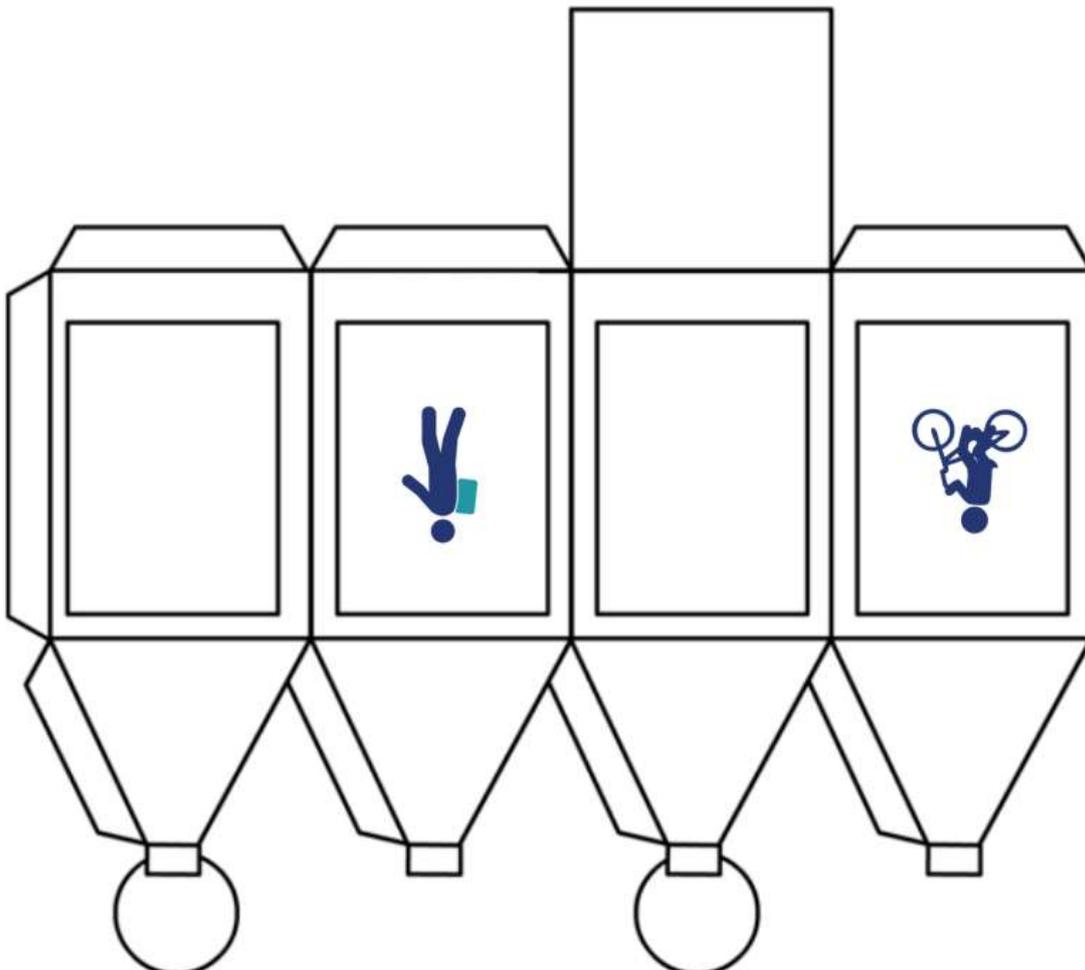


4pm - 7pm



Community Center
St Joseph Ave, W3 6NL

SCAN ME





Zaytouna class had a fantastic time at their forest school lesson yesterday. We spent the afternoon on the field, collaborating and investigating different species of birds and how they have evolved through time to survive. They also dissected owl pellets to discover how owls have evolved a gizzard to facilitate digestion.

Christmas Shows – coming up!

After half term classes will start to prepare their Christmas shows –

please contact admin@west-acton.ealing.sch.uk

if you have any questions or concerns or speak to the class teacher. Full details and dates will be given in due course. Reception and Year 1 tell the traditional Christian nativity story of Jesus' birth whilst other year groups sing seasonal songs and tell stories with themes of kindness and sharing for example.

EYFS & KS1 COFFEE MORNING

Come and meet the school's NHS nurse and learn how to even better support your child with their eating and toileting needs.



Date: Monday 7th November 2022

Time: 9:00am- 10:00am

Location: Conference Room (West Acton Primary School)

Class Assemblies 2022- 2023

We hope that parents/carers can join us at 9.00am in the Jubilee Hall. Woodlands ARP pupils will join their main stream classes.

Autumn Term 2022

Class	Date
Quince	Friday 11 th November
Elder	Friday 18 th November
Willow	Friday 25 th November

Message from Mrs Ahmad- West Acton- Educational Psychotherapist and School Therapist

Protecting your child from stress

Children today often feel more stressed than we realise.

This is particularly important to remember because they are still at the stage where they are learning to understand their own thoughts and feelings, slowly developing emotionally and intellectually.

They often feel powerless and are under a lot of pressure.

More than ever we are seeing children share in adult worries, worries about climate change, people getting unwell and the subject of war. They do not have the emotional understanding that adults do and this may cause them to hold some very scary and confused feelings.

How can parents help?

Firstly it is helpful to recognise that we share some of these worries and that we might need a space to talk about them, away from our children.

Parent carer self-care is so important. There is only so much that we can control, so focus on things for you. Slow down wherever you can. Take ten minutes to enjoy something for yourself.

Then think about what your child's week looks like and what activities they are involved in. Reduce the amount of news/media that they see and hear. Add into their routine some of their time, for them to play and be creative.

Think about what your child does when they are at home, video games, consoles and mobile phones can actually increase children's stress levels - Reduce the amount of game time they have and take time to connect. Take them outside; Physical activity and walks in nature are particularly helpful in reducing stress so try to make sure they can move outside every day.

And remember to have fun and to laugh with your child.

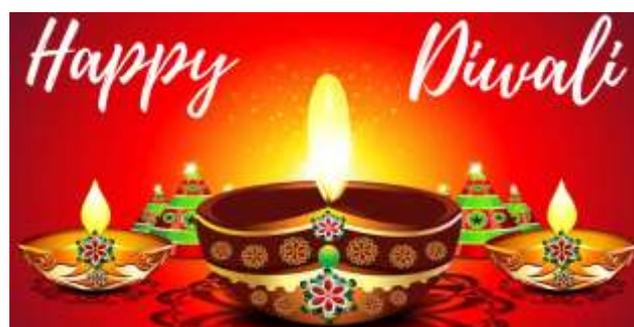
*There is going to be another Parent Coffee Morning on **Thursday 17th November.***



This week the Nursery children took part in balance bike training provided by The Bicycle Society. They learned how to keep their balance and move around on the bikes safely and took part in some different games. It was great to learn some new skills and they all had a lot of fun taking part!



To our families and friends who celebrating in half term, we wish them a very happy Diwali!



West Acton Primary School Weekly Values Rewards



w/c 17 th October 2022	Courage	Consideration	Collaboration
Acorn	Ellie	Razan	Ramzi
Olive	Camelia	Teejay	Leen
Fir	Kavell	Omar	Moussa
Banyan	Jaylah	Khaled	Azaiah
Ash	Kozue	Layan J	Yuzaka
Guava	Othman	Noor	Nao
Katsura	Khariya	Noor	Remy Raye
Chestnut	Suhaib	Safaa	Eloise
Damson	Miral	Mohamed M	Boris
Juniper	Abdulrahman	Layah	Abdul
Holly	Toshi	Inas	Sham
Ivy	Eisuke	Isabella	Sarah
Rowan	Misha	Mohamed	Akito
Mulberry	Tbc	Tbc	Tbc
Pine	Asawir	Meshal	Jayden
Sycamore	Hassan	Aoi	Jeremiah
Elder	Yusef	Yuta	Khadijah
Quince	Uzayr	Tahir	Nadia
Willow	Riley	Sierna	Leo
Lime	Tbc	Tbc	Tbc
Tamarind	Tbc	Tbc	Tbc
Zaytouna	Arnet	Fayyad	Marwa
Woodlands	Oliver D	Mira	Omar