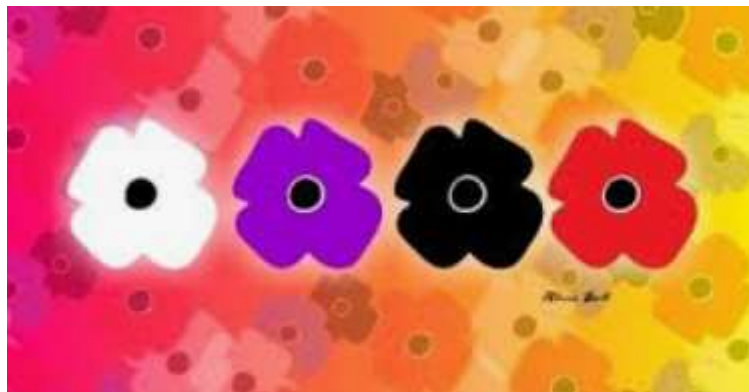


WEST ACTON PRIMARY SCHOOL

NEWSLETTER

Friday 11th November 2022



This morning the children were very respectful during the two minute silence for Remembrance Day.

This week in assembly we learnt about the different colour poppies there are alongside the traditional red poppy. Please ask your child about this and thank you to everyone who purchased poppies this week sold by School Council. Thank you to Quince class who started off our class assemblies talking about life for soldiers during the war time.

We were delighted to welcome back some of our former Year 6s to take them to a literacy event – they were a real credit to the school and impressed a large crowd. Boys' and Girls' football teams have played this week, welcoming neighbouring teams to our field.

Next week we have Anti bullying week – there was a letter sent out earlier in the week detailing each days' activities. On Monday we start with ODD SOCKS. Odd socks only please with full school uniform. Next Friday is Pyjama day for Children in Need – no jeans and no football kits please. Pyjamas, loungewear or school uniform only. Don't forget for parents there is an Online Safety workshop at 6.00pm on Tuesday 15th November and Mrs Ahmad's Coffee Morning on Thursday 17th November.

The Photographer will be in school Monday and Tuesday taking children's individual photos.

Children do need coats now please – and make sure they are named.

Have a lovely weekend, Miss Kondo



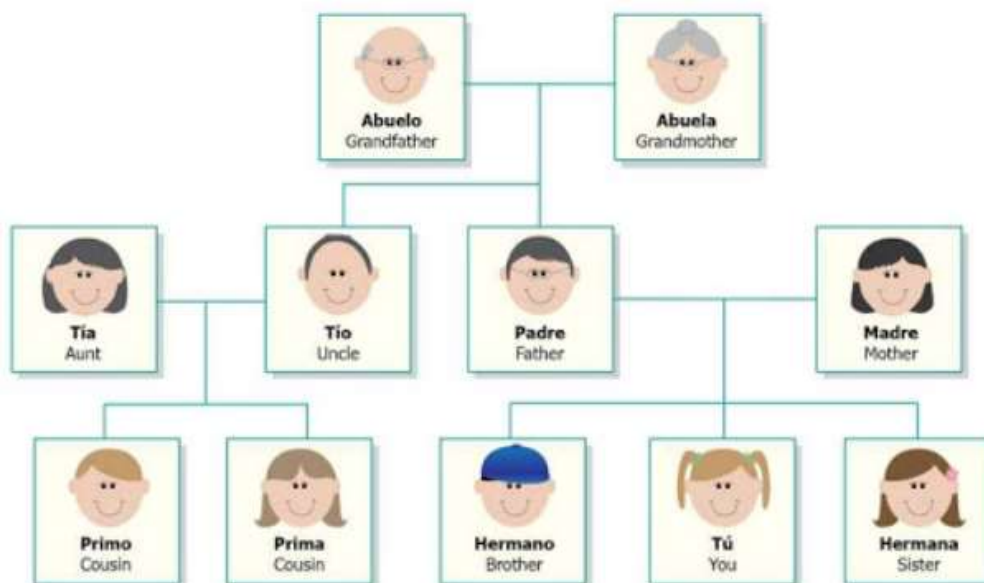
*Spanish Corner– this is taught to Year 3, 4, 5 6 and we have a club for younger pupils.
Please ask your child to teach you what they have learnt this term.*

Spanish numbers

11 = once	21 = veintiuno	31 = treinta y uno
12 = doce	22 = veintidós	32 = treinta y dos
13 = trece	23 = veintitrés	33 = treinta y tres
14 = catorce	24 = veinticuatro	34 = treinta y cuatro
15 = quince	25 = veinticinco	35 = treinta y cinco
16 = dieciséis	26 = veintiséis	36 = treinta y seis
17 = diecisiete	27 = veintisiete	37 = treinta y siete
18 = dieciocho	28 = veintiocho	38 = treinta y ocho
19 = diecinueve	29 = veintinueve	39 = treinta y nueve
20 = veinte	30 = treinta	40 = cuarenta

FAMILY MEMBERS

Miembros de la familia



WE ARE LEARNING
CODING IN COMPUTING
THIS TERM.

Have a look at these
websites to try at home!

<https://www.kodable.com/>

<https://www.codecombat.com/>

<https://www.tynker.com/>

<https://blockly-games.appspot.com/>

<https://www.kodugamelab.com/>

Dear Parents/Carers,

Sing Education will be starting small group and 1:1 keyboard lessons at West Acton Primary School.

If you are interested in your child learning keyboard, either individually or in a small group, then get in touch and sign your child up.

Selecting our school and the instruments on offer is easy to do, simply visit

www.singeducation.co.uk/signup

Sing Education will contact you with more information and look to schedule you in.

Lessons are 30 minutes per week and cost £8 for small groups and £19.50 for individual 1:1 lessons, and take place during the school day.



The Photographer will be in
school Monday and Tuesday
taking children's individual
photos.

Please dress in smart uniform!

House points for this week are –

Chiswick	1448
Osterley	1690
Pitzhanger	1512
Syon	1466

ONLINE SAFETY WORKSHOP for parents/carers

Tuesday 15th November at 6.00pm

A link will be sent on the day to join.

11月17日木曜日の午前9時から10時まで、保護者/介護者向けのコーヒーモーニングにご招待します。

ਤੁਹਾਨੂੰ ਵੀਰਵਾਰ 17 ਨਵੰਬਰ ਨੂੰ ਸਵੇਰੇ 9.00-10.00 ਵਜੇ ਤੱਕ ਮਾਤਾ/ਪਿਤਾ/ਦੇਖਭਾਲ ਕਰਨ ਵਾਲੀ ਕੋਫੀ ਸਵੇਰ ਲਈ ਸੱਦਾ ਦਿੱਤਾ ਜਾਂਦਾ ਹੈ।

Запрошуємо вас у четвер, 17 листопада, з 9.00 до 10.00 ранку на ранкову каву для батьків/опікунів.

आपको गुरुवार 17 नवंबर को सुबह 9 बजे से 10 बजे तक माता-पिता/देखभालकर्ता कॉफी सुबह में आमंत्रित किया जाता है।

Coffee Morning

Supporting our Wellbeing and the Wellbeing of our children



ستتم دعوتك يوم الخميس 17 نوفمبر من الساعة 9.00 إلى 10.00 صباحاً لقهوة الوالد / مقدم الرعاية.

You are invited to come and meet with Mrs Ahmad

9.00am - 10.00am

Thursday 17th November 2022

اب کو جمعرات 17 نومبر کو صبح 9.00 سے 10.00 بجے تک پیرنٹ/کیئرر کافی مارننگ میں مدعو کیا جاتا ہے۔

Come to the School gates for 9.00am and walk to the building on the left and up the stairs to the conference room.



So top 5 Bug Club reading classes for Aut 2 Week 1.....

1st 70% - Ivy Class

2nd 57% - Rowan Class

3rd 48% - Holly Class

4th 43% - Elder Class

5th 37% - Juniper Class

.....and top 6 Bug Club readers across the school for Aut 2 Week 1.....

1st Zakaria (Nursery) 18 books and quizzes completed

2nd Iliana-Blue (Katsura Class) 14 books and quizzes completed

3rd Adam (Katura Class) 13 books and quizzes completed

4th Keigo (Ivy Class) 12 books and quizzes completed

Joint 5th Leyna (Ivy Class) and Tomoki (Elder Class) 11 books and quizzes completed

FREE online parenting workshop

PARENTING TOGETHER WORKSHOP SERIES

REDUCING THE IMPACT OF PARENTAL CONFLICT ON CHILDREN

Conflicts are regular occurrence in family lives. It's often a normal part of everyday life. However, studies have shown that conflict between parents that is frequent, intense, and poorly resolved, do have a significant negative impact on children's mental health and long-term life chances.

This workshop would explore types of conflict, causes of conflicts in families, the impact of parental conflict on children and practical steps that parents could take to reduce conflict and the impact of conflict on their children

**Tuesday 6th
December 2022**
10am-12pm
via MS Teams

Delivered by
Chris Kolade

- Ealing Parenting Service

email parentingserviceadmin@ealing.gov.uk to register or for more info



**SUPPORTIVE
ACTION FOR
FAMILIES IN
EALING**



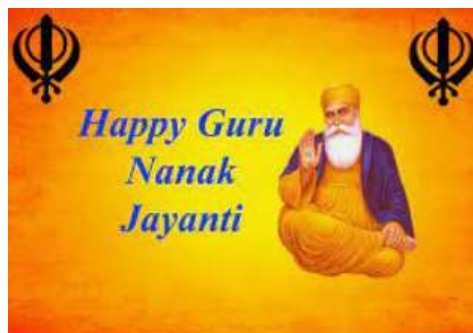
**EALING
PARENTING
SERVICE**



On Thursday our Year 5 and Year 6 girls played St Vincent's in a 7-a-side football match on our school field. It was our first match of the season and the girls played brilliantly against a tough opponent, showing excellent teamwork and determination. We narrowly lost 1-0. A fantastic team effort with special praise to Nadine for her assured defending, Sarah for her leadership and Chloe for her excellent link up play!



To our families and friends who celebrated this week, we wish them a very happy Guru Nanak's Birthday!



Look who is back!



On Tuesday 8th November, five of our former pupils (now Year7) - Acsah, Alisha, Haifa, Hamza and Olamide — and Mrs Bakali represented our school at a special event held by the National Literacy Trust at the Abbey Centre in Westminster. They were invited as special VIP guests, having participated brilliantly in last year's Young Poets project. After enjoying lunch at the venue, they each performed the poems that they wrote during the project last year and received huge applause from a large audience.

A massive congratulations to them and we hope to take part in the project again later this year!

The Programme Manager, contacted us afterwards to say: 'I wanted to thank you again for making yesterday happen—I couldn't be more grateful. Everyone at the National Literacy Trust told us that the poetry performances were the highlight of the day. We were all moved by the talent and the confidence showcased by your young poets—you obviously do an amazing work at West Acton Primary school and all five young people were extremely proud to say that they studied with you'.



Class Assemblies 2022- 2023

We hope that parents/carers can join us at 9.00am in the Jubilee Hall.
Woodlands ARP pupils will join their main stream classes.

Autumn Term 2022

Class	Date
Elder	Friday 18 th November
Willow	Friday 25 th November

Message from Mrs Ahmad- West Acton- Educational Psychotherapist and School Therapist

Parent/carer self-care:

Self kindness and self-compassion are essential for all carers. To not only stay patient, but also to keep finding joy and delight that is present everyday with your children – even the difficult ones. Children are happier and will cooperate more when you are joyful, calm and present. When you are feeling stressed, they may believe it is their fault, feel anxious and that they are not good enough. If they sense that you are not feeling okay, they may worry and want to protect you. Your big job then is to make sure you are parenting yourself just as well as you are parenting your child/children.

How can parents help?

Try to tune into yourself as much as possible throughout the day. Take deep breaths whenever you can, breathing in calm and breathing out stress. When you are feeling irritable, it is important to stop and think about what it is you need right now to stay balanced: can you take a 5minute break and walk/sit outside, listen to some music, hydrate yourself, plan something for yourself for once the children are in bed. Reflect on times of the day that feel more difficult and find ways to nurture yourself during these moments.

Next **Thursday 17th November**, there is going to be a parent/carer coffee morning. Please do join for a cup of tea, chance to socialise with other parent/carers and to take some time for you.

We are going to focus on the topic of Parent/carer self-care.

I look forward to seeing you there.

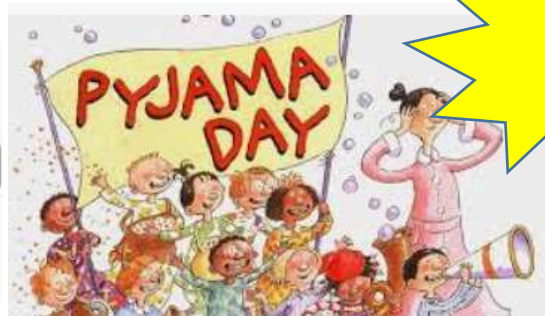
Mrs Ahmad



Monday



Wednesday



Friday

West Acton Primary School Weekly Values Rewards

w/c 31 st October 2022	Courage	Consideration	Collaboration
Acorn	Sumire	Adam	Petrus
Olive	Jude	Shevoy	Isabelle
Fir	Alma	Summer	Rosanna
Banyan	Royal Reign	Malek	Leo
Ash	Omar	Illyana Grace	Haruchika
Guava	Hijraan	Roaa	Nao
Katsura	Bahaa	Umar	Kaichi
Chestnut	Mehreen	Jin	Saeed
Damson	Eita	Liv	Nozomu
Juniper	Abdullah	Akito	Shanayea
Holly	Eri	Musawer	Safa, Mohamed
Ivy	Ilyas	Celine	Noor
Rowan	Salome	Hanano	Mila
Mulberry	Ava	Hammasa	Keenan
Pine	Jayden	Elizabetha	Madina
Sycamore	Livia	Elyas	Bethany
Elder	Mikail	Keion	Akari
Quince	Hussain	Persia	Tahir
Willow	Eri	Saynab	Rhana
Lime	Abdulrahman	Ayano	Keigo
Tamarind	Zahra	Liza	Katie
Zaytouna	Mariam	Soha	Vidoun
Woodlands	Andrej	Oliver M	Adam