

# WEST ACTON PRIMARY SCHOOL

## NEWSLETTER

Friday 25<sup>th</sup> November 2022



Thank you to Willow class who rounded off a busy week with a brilliant assembly about the Vikings – the acting and singing was superb. Well done!

We have welcomed parents in this week for Phonics classes, to visit Reception for September 2023 and a very impressive concert by pupils who have instrument tuition. Thank you to everyone who organised, attended and took part.

Children will be bringing home their CGP study books so that you can help them at home to support their learning in class. These books are an investment we chose to make in our pupils so please work with your child on these and do not lose them.

The children have enjoyed the start of the World Cup so I hope you can enjoy a match this weekend or better still the children will be able to show you skills they learnt with the Samurai team!

Have a nice week end, Miss Kondo



Year 6 had their first of three visits by the Metropolitan Police on Monday. The children learnt how to keep safe on the roads with their mobile phones and how best to avoid any incidents that may occur when they move onto high school. The children loved the visit and look forward to our next one in March.





On Monday 21<sup>st</sup> November, children across the school took part in football skills training with Samurai Football in order to mark the start of the Men's Football World Cup 2022. The children participated in a variety of activities such as dribbling and team working as a team.

Children were allowed to wear a country's colours for the day or football kits. Each year group has also chosen a country that they are following and finding out about.

Year 6 had a great time kicking off the world cup with the Samurai football club!





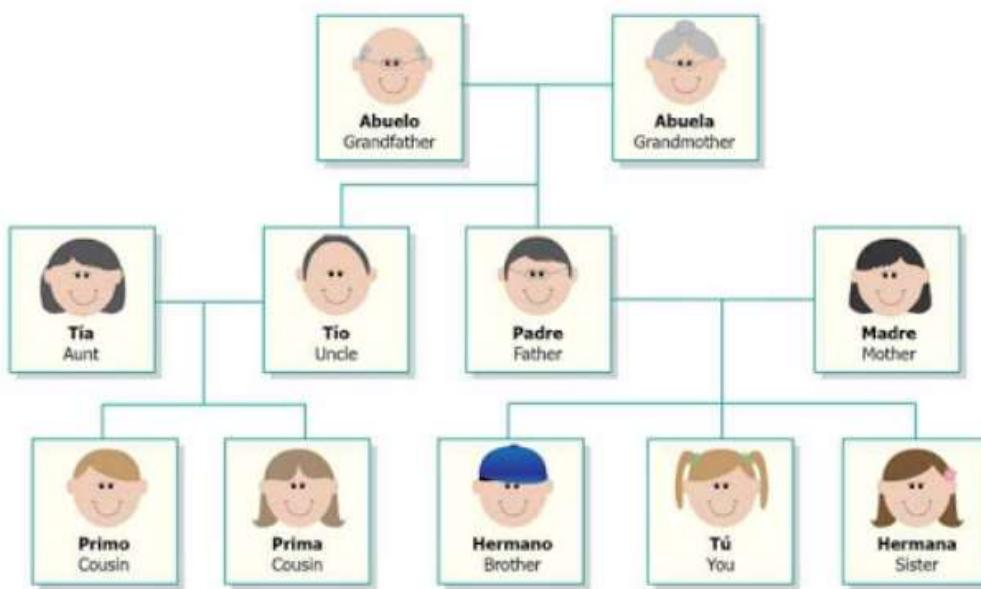
*Spanish Corner – this is taught to Year 3, 4, 5 & 6 and we have a club for younger pupils.  
Please ask your child to teach you what they have learnt this term.*

## Spanish numbers

11 = once	21 = veintiuno	31 = treinta y uno
12 = doce	22 = veintidós	32 = treinta y dos
13 = trece	23 = veintitrés	33 = treinta y tres
14 = catorce	24 = veinticuatro	34 = treinta y cuatro
15 = quince	25 = veinticinco	35 = treinta y cinco
16 = dieciséis	26 = veintiséis	36 = treinta y seis
17 = diecisiete	27 = veintisiete	37 = treinta y siete
18 = dieciocho	28 = veintiocho	38 = treinta y ocho
19 = diecinueve	29 = veintinueve	39 = treinta y nueve
20 = veinte	30 = treinta	40 = cuarenta

## FAMILY MEMBERS

### Miembros de la familia



## WE ARE LEARNING CODING IN COMPUTING THIS TERM.

Have a look at these  
websites to try at home!

<https://www.kodable.com/>

<https://www.codecombat.com/>

<https://www.tynker.com/>

<https://blockly-games.appspot.com/>

<https://www.kodugamelab.com/>

### PTA Event – please help!

The PTA has a surplus stock of select glow toys (poster attached), so we have decided to run a stall on Tuesday 6th December at 3.15pm (in the Jubilee Hall) to sell as many as possible.

As ever, we need your help to run the stall! There are 3 slots;

2-3pm Help set up tables, stock and floats in the Jubilee Hall

3.15-3.45pm Sell Glow Toys

3.45-4.15pm Pack Up

We're using SignUp to organize our upcoming activity.

#### Here's how it works in 3 easy steps:

1. **Click this link** to go to our invitation page on SignUp: <https://signup.com/go/zzmYNwr>

2. **Enter your email address:** (You will NOT need to register an account on SignUp)

3. **Sign up!** Choose your spots - SignUp will send you an automated confirmation and reminders. Easy!

Note: SignUp does not share your email address with anyone. If you prefer not to use your email address, please contact us and we can sign you up manually.



## Design a Christmas card for Ealing Council!

Young artists are invited to take part in a competition to design a Christmas card which will be used by Ealing Council!



### Age Categories

- 6 and under
- 7-11



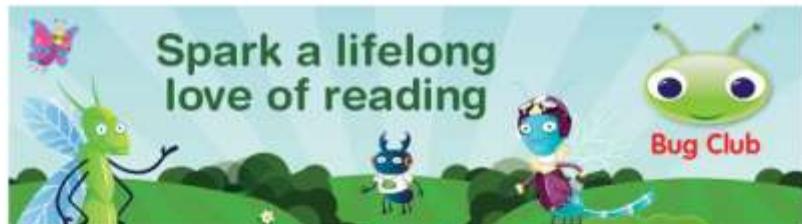
The theme is sport or healthy lives in Ealing.

To enter you need to send a photo or scanned image of your design by email to

[vaghelah@ealing.gov.uk](mailto:vaghelah@ealing.gov.uk)

You must state your age category you are entering into and include your name, age and school. Your artwork needs to be A3 or A4 sized paper and in landscape format.

Competition closes **5pm on Sunday 27 November**. Winners will be announced week commencing 28 November.



So top 5 Bug Club reading classes for Aut 2 Week 3.....

1<sup>st</sup> 88% - Ivy Class

2<sup>nd</sup> 63% - Rowan Class

3<sup>rd</sup> 60% - Tamarind Class

4<sup>th</sup> 56% - Elder Class

5<sup>th</sup> 50% - Holly Class

....and top 6 Bug Club readers across the school for Aut 2 Week 3.....

1<sup>st</sup> Eita (Ivy Class) 23 books and quizzes completed

2<sup>nd</sup> Rumaysa (Olive Class ) 13 books and quizzes completed

3<sup>rd</sup> Leo (Guava Class) 12 books and quizzes completed

4<sup>th</sup> Karen (Katsura Class) 11 books and quizzes completed

Joint 5<sup>th</sup> Sahar (Chestnut Class) and Rose (Holly Class) 10 books and quizzes completed



If you have any housing concerns, please contact Shelter on the number below.

You can also find out more information on their website:

[https://england.shelter.org.uk/get\\_help](https://england.shelter.org.uk/get_help)

## Our emergency helpline

**Opening times:** Monday to Friday, 8am - 8pm | Weekends and bank holidays, 9am - 5pm.

### Call the helpline if you:

- are homeless
- have nowhere to stay tonight
- are worried about losing your home in the next two months
- are at risk of harm or abuse

Our helpline only gives advice on English housing law. Try [Shelter Scotland](#) or [Shelter Cymru](#) if you need advice for these areas.

#### Helpline

[0808 800 4444](tel:08088004444)

- our helpline is free
- it is useful to have documents ready before you call, like your tenancy agreement or relevant letters or messages

Keep trying if you can't get through. We're busy but we're here to help.

#### Other ways to use the helpline

[Relay UK](#) helps deaf, speech impaired and hearing people talk over the phone using the relay service. You can connect with a smartphone, tablet or computer.

House points for this week are –

Chiswick	1257
Osterley	1176
Pitzhanger	1212
Syon	1187

### *Message from Mrs Ahmad- West Acton- Educational Psychotherapist and School Therapist*

Sharing vs. over-sharing.....

Our children are a part of us. We laugh with them, learn with them and share so many incredible moments with them. They see us as at our best and happiest moments but this also means that they are present for, and catch us at our more challenging times. Children's way of understanding the world around them is to ask questions and it is at that moment where, without realising and without anyone else to talk to, we say too much to our children, we overshare.

Hearing information that children are too young to understand or comprehend, can cause distress in children. They may feel it is their job to fix the problem and when they stuck with this, it causes them distress. It may be that they develop more worries and take on extra 'adult worries'.

How can parents/carers prevent this?

If your child is giving you advice, you may have "invited them in."

Ask yourself, "Is it my child's role to listen to this particular problem or story? Is this too much for her? Would this be something more appropriate to share with a friend or family member?"

Take time away from your children to process your feelings before you speak to them.

If you have over-shared, let them know 'What I shared, was an adult worry, it is for the adult's to think about.' They may want to ask you more about it. It is okay to say 'I'm not going to answer that right now, I'm going to have a think about your question and come back to you, to answer it.'

Be aware that when they ask a question about the problem or situation, you may have, that they are not really looking for the answer. They are actually just needing to hear that you are okay and that they don't need to worry.

This is the best way to recognise those parent-child boundaries and honour them.

*We all need someone to speak to sometimes. If you would like to speak to Mrs Ahmad for a confidential and non-judgemental chat about you, your child or any other worries, please call/email the school office and ask for a call back from Mrs Ahmad. She is here on Mondays, Tuesdays, Thursdays and Fridays.*



## **West Acton Primary School Weekly Values Rewards**

w/c 14th November 2022	Courage	Consideration	Collaboration
<b>Acorn</b>	Cheya	Yuhi	Haruhi
<b>Olive</b>	Mia	Abriana	Dayana
<b>Fir</b>	Wataru	Florence	Takuto
<b>Banyan</b>	Karim	Robsan	Malek
<b>Ash</b>	Soheib	Esra	Layan K
<b>Guava</b>	Isabela	Taima	Zain
<b>Katsura</b>	Abdikadir	Yuma	Hikari
<b>Chestnut</b>	Karo	Cassandra	Bondar
<b>Damson</b>	Vaeqoub	Amber –May	Teddy
<b>Juniper</b>	Layah	Chiaki	Hashim
<b>Holly</b>	Elsie	Ali K	Hiroto
<b>Ivy</b>	Eisuke	Hamza	Elsa
<b>Rowan</b>	Mizuka	Asiyah	Rumaysah
<b>Mulberry</b>	Harutomo	Hassan	Asafe
<b>Pine</b>	Zara	Elizabeta	Felix
<b>Sycamore</b>	Rayan	Elza	Adrian
<b>Elder</b>	Kevin	Dawar	Haya
<b>Quince</b>	Kiera	Hanae	Zoltan
<b>Willow</b>	Kiroto	Miaki	Ben
<b>Lime</b>	Abed	Nicolas	Rimas
<b>Tamarind</b>	Nadine	Liseni	Yazn
<b>Zaytouna</b>	Maiesha	Muhammad	Andrii
<b>Woodlands</b>	Mira	Oliver M	Adam